

# ТОМАС ДЕ КВИНСИ

CONFESSIONS OF AN  
ENGLISH OPIUM-EATER

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**Confessions of an**  
**English Opium-Eater**

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*Confessions of an English Opium-Eater:*

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# Thomas De Quincey

## Confessions of an English Opium-Eater

### TO THE READER

I here present you, courteous reader, with the record of a remarkable period in my life: according to my application of it, I trust that it will prove not merely an interesting record, but in a considerable degree useful and instructive. In *that* hope it is that I have drawn it up; and *that* must be my apology for breaking through that delicate and honourable reserve which, for the most part, restrains us from the public exposure of our own errors and infirmities. Nothing, indeed, is more revolting to English feelings than the spectacle of a human being obtruding on our notice his moral ulcers or scars, and tearing away that “decent drapery” which time or indulgence to human frailty may have drawn over them; accordingly, the greater part of *our* confessions (that is, spontaneous and extra-judicial confessions) proceed from demireps, adventurers, or swindlers: and for any such acts of gratuitous self-humiliation from those who can be supposed in sympathy with the decent and self-respecting part of society, we must look to French literature, or to that part

of the German which is tainted with the spurious and defective sensibility of the French. All this I feel so forcibly, and so nervously am I alive to reproach of this tendency, that I have for many months hesitated about the propriety of allowing this or any part of my narrative to come before the public eye until after my death (when, for many reasons, the whole will be published); and it is not without an anxious review of the reasons for and against this step that I have at last concluded on taking it.

Guilt and misery shrink, by a natural instinct, from public notice: they court privacy and solitude: and even in their choice of a grave will sometimes sequester themselves from the general population of the churchyard, as if declining to claim fellowship with the great family of man, and wishing (in the affecting language of Mr. Wordsworth)

Humbly to express  
A penitential loneliness.

It is well, upon the whole, and for the interest of us all, that it should be so: nor would I willingly in my own person manifest a disregard of such salutary feelings, nor in act or word do anything to weaken them; but, on the one hand, as my self-accusation does not amount to a confession of guilt, so, on the other, it is possible that, if it *did*, the benefit resulting to others from the record of an experience purchased at so heavy a price might compensate, by a vast overbalance, for any violence done to the feelings I have

noticed, and justify a breach of the general rule. Infirmary and misery do not of necessity imply guilt. They approach or recede from shades of that dark alliance, in proportion to the probable motives and prospects of the offender, and the palliations, known or secret, of the offence; in proportion as the temptations to it were potent from the first, and the resistance to it, in act or in effort, was earnest to the last. For my own part, without breach of truth or modesty, I may affirm that my life has been, on the whole, the life of a philosopher: from my birth I was made an intellectual creature, and intellectual in the highest sense my pursuits and pleasures have been, even from my schoolboy days.

If opium-eating be a sensual pleasure, and if I am bound to confess that I have indulged in it to an excess not yet *recorded*<sup>1</sup> of any other man, it is no less true that I have struggled against this fascinating enthralment with a religious zeal, and have at length accomplished what I never yet heard attributed to any other man—have untwisted, almost to its final links, the accursed chain which fettered me. Such a self-conquest may reasonably be set off in counterbalance to any kind or degree of self-indulgence. Not to insist that in my case the self-conquest was unquestionable, the self-indulgence open to doubts of casuistry, according as that name shall be extended to acts aiming at the bare relief of pain, or shall be restricted to such as aim at the excitement of positive pleasure.

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<sup>1</sup> “Not yet *recorded*,” I say; for there is one celebrated man of the present day, who, if all be true which is reported of him, has greatly exceeded me in quantity.

Guilt, therefore, I do not acknowledge; and if I did, it is possible that I might still resolve on the present act of confession in consideration of the service which I may thereby render to the whole class of opium-eaters. But who are they? Reader, I am sorry to say a very numerous class indeed. Of this I became convinced some years ago by computing at that time the number of those in one small class of English society (the class of men distinguished for talents, or of eminent station) who were known to me, directly or indirectly, as opium-eaters; such, for instance, as the eloquent and benevolent —, the late Dean of —, Lord —, Mr. — the philosopher, a late Under-Secretary of State (who described to me the sensation which first drove him to the use of opium in the very same words as the Dean of —, viz., “that he felt as though rats were gnawing and abrading the coats of his stomach”), Mr. —, and many others hardly less known, whom it would be tedious to mention. Now, if one class, comparatively so limited, could furnish so many scores of cases (and *that* within the knowledge of one single inquirer), it was a natural inference that the entire population of England would furnish a proportionable number. The soundness of this inference, however, I doubted, until some facts became known to me which satisfied me that it was not incorrect. I will mention two. (1) Three respectable London druggists, in widely remote quarters of London, from whom I happened lately to be purchasing small quantities of opium, assured me that the number of *amateur* opium-eaters (as I may term them) was at

this time immense; and that the difficulty of distinguishing those persons to whom habit had rendered opium necessary from such as were purchasing it with a view to suicide, occasioned them daily trouble and disputes. This evidence respected London only.

But (2)—which will possibly surprise the reader more—some years ago, on passing through Manchester, I was informed by several cotton manufacturers that their workpeople were rapidly getting into the practice of opium-eating; so much so, that on a Saturday afternoon the counters of the druggists were strewed with pills of one, two, or three grains, in preparation for the known demand of the evening. The immediate occasion of this practice was the lowness of wages, which at that time would not allow them to indulge in ale or spirits, and wages rising, it may be thought that this practice would cease; but as I do not readily believe that any man having once tasted the divine luxuries of opium will afterwards descend to the gross and mortal enjoyments of alcohol, I take it for granted

That those eat now who never ate before;  
And those who always ate, now eat the more.

Indeed, the fascinating powers of opium are admitted even by medical writers, who are its greatest enemies. Thus, for instance, Awsiter, apothecary to Greenwich Hospital, in his “Essay on the Effects of Opium” (published in the year 1763), when attempting to explain why Mead had not been sufficiently explicit on the

properties, counteragents, &c., of this drug, expresses himself in the following mysterious terms (φωναντα συνετοισι): “Perhaps he thought the subject of too delicate a nature to be made common; and as many people might then indiscriminately use it, it would take from that necessary fear and caution which should prevent their experiencing the extensive power of this drug, *for there are many properties in it, if universally known, that would habituate the use, and make it more in request with us than with Turks themselves*; the result of which knowledge,” he adds, “must prove a general misfortune.” In the necessity of this conclusion I do not altogether concur; but upon that point I shall have occasion to speak at the close of my Confessions, where I shall present the reader with the *moral* of my narrative.

# PRELIMINARY CONFESSIONS

These preliminary confessions, or introductory narrative of the youthful adventures which laid the foundation of the writer's habit of opium-eating in after-life, it has been judged proper to premise, for three several reasons:

1. As forestalling that question, and giving it a satisfactory answer, which else would painfully obtrude itself in the course of the Opium Confessions—"How came any reasonable being to subject himself to such a yoke of misery; voluntarily to incur a captivity so servile, and knowingly to fetter himself with such a sevenfold chain?"—a question which, if not somewhere plausibly resolved, could hardly fail, by the indignation which it would be apt to raise as against an act of wanton folly, to interfere with that degree of sympathy which is necessary in any case to an author's purposes.

2. As furnishing a key to some parts of that tremendous scenery which afterwards peopled the dreams of the Opium-eater.

3. As creating some previous interest of a personal sort in the confessing subject, apart from the matter of the confessions, which cannot fail to render the confessions themselves more interesting. If a man "whose talk is of oxen" should become an opium-eater, the probability is that (if he is not too dull to dream at all) he will dream about oxen; whereas, in the case before

him, the reader will find that the Opium-eater boasteth himself to be a philosopher; and accordingly, that the phantasmagoria of *his* dreams (waking or sleeping, day-dreams or night-dreams) is suitable to one who in that character

Humani nihil a se alienum putat.

For amongst the conditions which he deems indispensable to the sustaining of any claim to the title of philosopher is not merely the possession of a superb intellect in its *analytic* functions (in which part of the pretensions, however, England can for some generations show but few claimants; at least, he is not aware of any known candidate for this honour who can be styled emphatically *a subtle thinker*, with the exception of *Samuel Taylor Coleridge*, and in a narrower department of thought with the recent illustrious exception <sup>2</sup> of *David Ricardo*) but also on such a constitution of the *moral* faculties as shall give him an inner eye and power of intuition for the vision and the mysteries

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<sup>2</sup> A third exception might perhaps have been added; and my reason for not adding that exception is chiefly because it was only in his juvenile efforts that the writer whom I allude to expressly addressed hints to philosophical themes; his riper powers having been all dedicated (on very excusable and very intelligible grounds, under the present direction of the popular mind in England) to criticism and the Fine Arts. This reason apart, however, I doubt whether he is not rather to be considered an acute thinker than a subtle one. It is, besides, a great drawback on his mastery over philosophical subjects that he has obviously not had the advantage of a regular scholastic education: he has not read Plato in his youth (which most likely was only his misfortune), but neither has he read Kant in his manhood (which is his fault).

of our human nature: *that* constitution of faculties, in short, which (amongst all the generations of men that from the beginning of time have deployed into life, as it were, upon this planet) our English poets have possessed in the highest degree, and Scottish professors <sup>3</sup> in the lowest.

I have often been asked how I first came to be a regular opium-eater, and have suffered, very unjustly, in the opinion of my acquaintance from being reputed to have brought upon myself all the sufferings which I shall have to record, by a long course of indulgence in this practice purely for the sake of creating an artificial state of pleasurable excitement. This, however, is a misrepresentation of my case. True it is that for nearly ten years I did occasionally take opium for the sake of the exquisite pleasure it gave me; but so long as I took it with this view I was effectually protected from all material bad consequences by the necessity of interposing long intervals between the several acts of indulgence, in order to renew the pleasurable sensations. It was not for the purpose of creating pleasure, but of mitigating pain in the severest degree, that I first began to use opium as an article of daily diet. In the twenty-eighth year of my age a most painful affection of the stomach, which I had first experienced about ten years before, attacked me in great strength. This affection had originally been caused by extremities of hunger, suffered in my boyish days. During the season of hope and redundant happiness which succeeded (that is, from eighteen to

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<sup>3</sup> I disclaim any allusion to *existing* professors, of whom indeed I know only one.

twenty-four) it had slumbered; for the three following years it had revived at intervals; and now, under unfavourable circumstances, from depression of spirits, it attacked me with a violence that yielded to no remedies but opium. As the youthful sufferings which first produced this derangement of the stomach were interesting in themselves, and in the circumstances that attended them, I shall here briefly retrace them.

My father died when I was about seven years old, and left me to the care of four guardians. I was sent to various schools, great and small; and was very early distinguished for my classical attainments, especially for my knowledge of Greek. At thirteen I wrote Greek with ease; and at fifteen my command of that language was so great that I not only composed Greek verses in lyric metres, but could converse in Greek fluently and without embarrassment—an accomplishment which I have not since met with in any scholar of my times, and which in my case was owing to the practice of daily reading off the newspapers into the best Greek I could furnish *extempore*; for the necessity of ransacking my memory and invention for all sorts and combinations of periphrastic expressions as equivalents for modern ideas, images, relations of things, &c., gave me a compass of diction which would never have been called out by a dull translation of moral essays, &c. “That boy,” said one of my masters, pointing the attention of a stranger to me, “that boy could harangue an Athenian mob better than you and I could address an English one.” He who honoured me with this eulogy was a scholar,

“and a ripe and a good one,” and of all my tutors was the only one whom I loved or revered. Unfortunately for me (and, as I afterwards learned, to this worthy man’s great indignation), I was transferred to the care, first of a blockhead, who was in a perpetual panic lest I should expose his ignorance; and finally to that of a respectable scholar at the head of a great school on an ancient foundation. This man had been appointed to his situation by – College, Oxford, and was a sound, well-built scholar, but (like most men whom I have known from that college) coarse, clumsy, and inelegant. A miserable contrast he presented, in my eyes, to the Etonian brilliancy of my favourite master; and beside, he could not disguise from my hourly notice the poverty and meagreness of his understanding. It is a bad thing for a boy to be and to know himself far beyond his tutors, whether in knowledge or in power of mind. This was the case, so far as regarded knowledge at least, not with myself only, for the two boys, who jointly with myself composed the first form, were better Grecians than the head-master, though not more elegant scholars, nor at all more accustomed to sacrifice to the Graces. When I first entered I remember that we read Sophocles; and it was a constant matter of triumph to us, the learned triumvirate of the first form, to see our “Archididascalus” (as he loved to be called) conning our lessons before we went up, and laying a regular train, with lexicon and grammar, for blowing up and blasting (as it were) any difficulties he found in the choruses; whilst *we* never condescended to open our books until the moment

of going up, and were generally employed in writing epigrams upon his wig or some such important matter. My two class-fellows were poor, and dependent for their future prospects at the university on the recommendation of the head-master; but I, who had a small patrimonial property, the income of which was sufficient to support me at college, wished to be sent thither immediately. I made earnest representations on the subject to my guardians, but all to no purpose. One, who was more reasonable and had more knowledge of the world than the rest, lived at a distance; two of the other three resigned all their authority into the hands of the fourth; and this fourth, with whom I had to negotiate, was a worthy man in his way, but haughty, obstinate, and intolerant of all opposition to his will. After a certain number of letters and personal interviews, I found that I had nothing to hope for, not even a compromise of the matter, from my guardian. Unconditional submission was what he demanded, and I prepared myself, therefore, for other measures. Summer was now coming on with hasty steps, and my seventeenth birthday was fast approaching, after which day I had sworn within myself that I would no longer be numbered amongst schoolboys. Money being what I chiefly wanted, I wrote to a woman of high rank, who, though young herself, had known me from a child, and had latterly treated me with great distinction, requesting that she would “lend” me five guineas. For upwards of a week no answer came, and I was beginning to despond, when at length a servant put into my hands a double letter with a coronet on the seal. The

letter was kind and obliging. The fair writer was on the sea-coast, and in that way the delay had arisen; she enclosed double of what I had asked, and good-naturedly hinted that if I should *never* repay her, it would not absolutely ruin her. Now, then, I was prepared for my scheme. Ten guineas, added to about two which I had remaining from my pocket-money, seemed to me sufficient for an indefinite length of time; and at that happy age, if no *definite* boundary can be assigned to one's power, the spirit of hope and pleasure makes it virtually infinite.

It is a just remark of Dr. Johnson's (and, what cannot often be said of his remarks, it is a very feeling one), that we never do anything consciously for the last time (of things, that is, which we have long been in the habit of doing) without sadness of heart.

This truth I felt deeply when I came to leave —, a place which I did not love, and where I had not been happy. On the evening before I left — for ever, I grieved when the ancient and lofty schoolroom resounded with the evening service, performed for the last time in my hearing; and at night, when the muster-roll of names was called over, and mine (as usual) was called first, I stepped forward, and passing the head-master, who was standing by, I bowed to him, and looked earnestly in his face, thinking to myself, "He is old and infirm, and in this world I shall not see him again." I was right; I never *did* see him again, nor ever shall. He looked at me complacently, smiled good-naturedly, returned my salutation (or rather my valediction), and we parted (though he knew it not) for ever. I could not reverence him intellectually,

but he had been uniformly kind to me, and had allowed me many indulgences; and I grieved at the thought of the mortification I should inflict upon him.

The morning came which was to launch me into the world, and from which my whole succeeding life has in many important points taken its colouring. I lodged in the head-master's house, and had been allowed from my first entrance the indulgence of a private room, which I used both as a sleeping-room and as a study. At half after three I rose, and gazed with deep emotion at the ancient towers of —, “drest in earliest light,” and beginning to crimson with the radiant lustre of a cloudless July morning.

I was firm and immovable in my purpose; but yet agitated by anticipation of uncertain danger and troubles; and if I could have foreseen the hurricane and perfect hail-storm of affliction which soon fell upon me, well might I have been agitated. To this agitation the deep peace of the morning presented an affecting contrast, and in some degree a medicine. The silence was more profound than that of midnight; and to me the silence of a summer morning is more touching than all other silence, because, the light being broad and strong as that of noonday at other seasons of the year, it seems to differ from perfect day chiefly because man is not yet abroad; and thus the peace of nature and of the innocent creatures of God seems to be secure and deep only so long as the presence of man and his restless and unquiet spirit are not there to trouble its sanctity. I dressed myself, took my hat and gloves, and lingered a little in the room.

For the last year and a half this room had been my “pensive citadel”: here I had read and studied through all the hours of night, and though true it was that for the latter part of this time I, who was framed for love and gentle affections, had lost my gaiety and happiness during the strife and fever of contention with my guardian, yet, on the other hand, as a boy so passionately fond of books, and dedicated to intellectual pursuits, I could not fail to have enjoyed many happy hours in the midst of general dejection.

I wept as I looked round on the chair, hearth, writing-table, and other familiar objects, knowing too certainly that I looked upon them for the last time. Whilst I write this it is eighteen years ago, and yet at this moment I see distinctly, as if it were yesterday, the lineaments and expression of the object on which I fixed my parting gaze. It was a picture of the lovely —, which hung over the mantelpiece, the eyes and mouth of which were so beautiful, and the whole countenance so radiant with benignity and divine tranquillity, that I had a thousand times laid down my pen or my book to gather consolation from it, as a devotee from his patron saint. Whilst I was yet gazing upon it the deep tones of — clock proclaimed that it was four o’clock. I went up to the picture, kissed it, and then gently walked out and closed the door for ever!

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So blended and intertwined in this life are occasions of laughter and of tears, that I cannot yet recall without smiling an

incident which occurred at that time, and which had nearly put a stop to the immediate execution of my plan. I had a trunk of immense weight, for, besides my clothes, it contained nearly all my library. The difficulty was to get this removed to a carrier's: my room was at an ærial elevation in the house, and (what was worse) the staircase which communicated with this angle of the building was accessible only by a gallery, which passed the head-master's chamber door. I was a favourite with all the servants, and knowing that any of them would screen me and act confidentially, I communicated my embarrassment to a groom of the head-master's. The groom swore he would do anything I wished, and when the time arrived went upstairs to bring the trunk down. This I feared was beyond the strength of any one man; however, the groom was a man

Of Atlantean shoulders, fit to bear  
The weight of mightiest monarchies;

and had a back as spacious as Salisbury Plain. Accordingly he persisted in bringing down the trunk alone, whilst I stood waiting at the foot of the last flight in anxiety for the event.

For some time I heard him descending with slow and firm steps; but unfortunately, from his trepidation, as he drew near the dangerous quarter, within a few steps of the gallery, his foot slipped, and the mighty burden falling from his shoulders, gained such increase of impetus at each step of the descent, that on

reaching the bottom it trundled, or rather leaped, right across, with the noise of twenty devils, against the very bedroom door of the Archididascalus. My first thought was that all was lost, and that my only chance for executing a retreat was to sacrifice my baggage. However, on reflection I determined to abide the issue.

The groom was in the utmost alarm, both on his own account and on mine, but, in spite of this, so irresistibly had the sense of the ludicrous in this unhappy *contretemps* taken possession of his fancy, that he sang out a long, loud, and canorous peal of laughter, that might have wakened the Seven Sleepers. At the sound of this resonant merriment, within the very ears of insulted authority, I could not myself forbear joining in it; subdued to this, not so much by the unhappy *étourderie* of the trunk, as by the effect it had upon the groom. We both expected, as a matter of course, that Dr. — would sally, out of his room, for in general, if but a mouse stirred, he sprang out like a mastiff from his kennel. Strange to say, however, on this occasion, when the noise of laughter had ceased, no sound, or rustling even, was to be heard in the bedroom. Dr. — had a painful complaint, which, sometimes keeping him awake, made his sleep perhaps, when it did come, the deeper. Gathering courage from the silence, the groom hoisted his burden again, and accomplished the remainder of his descent without accident. I waited until I saw the trunk placed on a wheelbarrow and on its road to the carrier's; then, "with Providence my guide," I set off on foot, carrying a small parcel with some articles of dress under my arm; a favourite

English poet in one pocket, and a small 12mo volume, containing about nine plays of Euripides, in the other.

It had been my intention originally to proceed to Westmoreland, both from the love I bore to that country and on other personal accounts. Accident, however, gave a different direction to my wanderings, and I bent my steps towards North Wales.

After wandering about for some time in Denbighshire, Merionethshire, and Carnarvonshire, I took lodgings in a small neat house in B—. Here I might have stayed with great comfort for many weeks, for provisions were cheap at B—, from the scarcity of other markets for the surplus produce of a wide agricultural district. An accident, however, in which perhaps no offence was designed, drove me out to wander again. I know not whether my reader may have remarked, but I have often remarked, that the proudest class of people in England (or at any rate the class whose pride is most apparent) are the families of bishops. Noblemen and their children carry about with them, in their very titles, a sufficient notification of their rank. Nay, their very names (and this applies also to the children of many untitled houses) are often, to the English ear, adequate exponents of high birth or descent. Sackville, Manners, Fitzroy, Paulet, Cavendish, and scores of others, tell their own tale. Such persons, therefore, find everywhere a due sense of their claims already established, except among those who are ignorant of the world by virtue of their own obscurity: “Not to

know *them*, argues one's self unknown." Their manners take a suitable tone and colouring, and for once they find it necessary to impress a sense of their consequence upon others, they meet with a thousand occasions for moderating and tempering this sense by acts of courteous condescension. With the families of bishops it is otherwise: with them, it is all uphill work to make known their pretensions; for the proportion of the episcopal bench taken from noble families is not at any time very large, and the succession to these dignities is so rapid that the public ear seldom has time to become familiar with them, unless where they are connected with some literary reputation. Hence it is that the children of bishops carry about with them an austere and repulsive air, indicative of claims not generally acknowledged, a sort of *noli me tangere* manner, nervously apprehensive of too familiar approach, and shrinking with the sensitiveness of a gouty man from all contact with the οἱ πολλοί. Doubtless, a powerful understanding, or unusual goodness of nature, will preserve a man from such weakness, but in general the truth of my representation will be acknowledged; pride, if not of deeper root in such families, appears at least more upon the surface of their manners. This spirit of manners naturally communicates itself to their domestics and other dependants. Now, my landlady had been a lady's maid or a nurse in the family of the Bishop of —, and had but lately married away and "settled" (as such people express it) for life. In a little town like B—, merely to have lived in the bishop's family conferred some distinction; and

my good landlady had rather more than her share of the pride I have noticed on that score. What “my lord” said and what “my lord” did, how useful he was in Parliament and how indispensable at Oxford, formed the daily burden of her talk. All this I bore very well, for I was too good-natured to laugh in anybody’s face, and I could make an ample allowance for the garrulity of an old servant. Of necessity, however, I must have appeared in her eyes very inadequately impressed with the bishop’s importance, and, perhaps to punish me for my indifference, or possibly by accident, she one day repeated to me a conversation in which I was indirectly a party concerned. She had been to the palace to pay her respects to the family, and, dinner being over, was summoned into the dining-room. In giving an account of her household economy she happened to mention that she had let her apartments. Thereupon the good bishop (it seemed) had taken occasion to caution her as to her selection of inmates, “for,” said he, “you must recollect, Betty, that this place is in the high road to the Head; so that multitudes of Irish swindlers running away from their debts into England, and of English swindlers running away from their debts to the Isle of Man, are likely to take this place in their route.” This advice certainly was not without reasonable grounds, but rather fitted to be stored up for Mrs. Betty’s private meditations than specially reported to me.

What followed, however, was somewhat worse. “Oh, my lord,” answered my landlady (according to her own representation of the matter), “I really don’t think this young gentleman is a

swindler, because —” “You don’t *think* me a swindler?” said I, interrupting her, in a tumult of indignation: “for the future I shall spare you the trouble of thinking about it.” And without delay I prepared for my departure. Some concessions the good woman seemed disposed to make; but a harsh and contemptuous expression, which I fear that I applied to the learned dignitary himself, roused her indignation in turn, and reconciliation then became impossible. I was indeed greatly irritated at the bishop’s having suggested any grounds of suspicion, however remotely, against a person whom he had never seen; and I thought of letting him know my mind in Greek, which, at the same time that it would furnish some presumption that I was no swindler, would also (I hoped) compel the bishop to reply in the same language; in which case I doubted not to make it appear that if I was not so rich as his lordship, I was a far better Grecian. Calmer thoughts, however, drove this boyish design out of my mind; for I considered that the bishop was in the right to counsel an old servant; that he could not have designed that his advice should be reported to me; and that the same coarseness of mind which had led Mrs. Betty to repeat the advice at all, might have coloured it in a way more agreeable to her own style of thinking than to the actual expressions of the worthy bishop.

I left the lodgings the very same hour, and this turned out a very unfortunate occurrence for me, because, living henceforward at inns, I was drained of my money very rapidly. In a fortnight I was reduced to short allowance; that is, I could allow

myself only one meal a day. From the keen appetite produced by constant exercise and mountain air, acting on a youthful stomach, I soon began to suffer greatly on this slender regimen, for the single meal which I could venture to order was coffee or tea.

Even this, however, was at length withdrawn; and afterwards, so long as I remained in Wales, I subsisted either on blackberries, hips, haws, &c., or on the casual hospitalities which I now and then received in return for such little services as I had an opportunity of rendering. Sometimes I wrote letters of business for cottagers who happened to have relatives in Liverpool or in London; more often I wrote love-letters to their sweethearts for young women who had lived as servants at Shrewsbury or other towns on the English border. On all such occasions I gave great satisfaction to my humble friends, and was generally treated with hospitality; and once in particular, near the village of Llan-y-styndw (or some such name), in a sequestered part of Merionethshire, I was entertained for upwards of three days by a family of young people with an affectionate and fraternal kindness that left an impression upon my heart not yet impaired.

The family consisted at that time of four sisters and three brothers, all grown up, and all remarkable for elegance and delicacy of manners. So much beauty, and so much native good breeding and refinement, I do not remember to have seen before or since in any cottage, except once or twice in Westmoreland and Devonshire. They spoke English, an accomplishment not often met with in so many members of one family, especially

in villages remote from the high road. Here I wrote, on my first introduction, a letter about prize-money, for one of the brothers, who had served on board an English man-of-war; and, more privately, two love-letters for two of the sisters. They were both interesting-looking girls, and one of uncommon loveliness.

In the midst of their confusion and blushes, whilst dictating, or rather giving me general instructions, it did not require any great penetration to discover that what they wished was that their letters should be as kind as was consistent with proper maidenly pride. I contrived so to temper my expressions as to reconcile the gratification of both feelings; and they were as much pleased with the way in which I had expressed their thoughts as (in their simplicity) they were astonished at my having so readily discovered them. The reception one meets with from the women of a family generally determines the tenor of one's whole entertainment. In this case I had discharged my confidential duties as secretary so much to the general satisfaction, perhaps also amusing them with my conversation, that I was pressed to stay with a cordiality which I had little inclination to resist.

I slept with the brothers, the only unoccupied bed standing in the apartment of the young women; but in all other points they treated me with a respect not usually paid to purses as light as mine—as if my scholarship were sufficient evidence that I was of “gentle blood.” Thus I lived with them for three days and great part of a fourth; and, from the undiminished kindness which they continued to show me, I believe I might have stayed

with them up to this time, if their power had corresponded with their wishes. On the last morning, however, I perceived upon their countenances, as they sate at breakfast, the expression of some unpleasant communication which was at hand; and soon after, one of the brothers explained to me that their parents had gone, the day before my arrival, to an annual meeting of Methodists, held at Carnarvon, and were that day expected to return; "and if they should not be so civil as they ought to be," he begged, on the part of all the young people, that I would not take it amiss. The parents returned with churlish faces, and "*Dym Sassenach*" (*no English*) in answer to all my addresses. I saw how matters stood; and so, taking an affectionate leave of my kind and interesting young hosts, I went my way; for, though they spoke warmly to their parents in my behalf, and often excused the manner of the old people by saying it was "only their way," yet I easily understood that my talent for writing love-letters would do as little to recommend me with two grave sexagenarian Welsh Methodists as my Greek sapphics or alcaics; and what had been hospitality when offered to me with the gracious courtesy of my young friends, would become charity when connected with the harsh demeanour of these old people. Certainly, Mr. Shelley is right in his notions about old age: unless powerfully counteracted by all sorts of opposite agencies, it is a miserable corrupter and blighter to the genial charities of the human heart.

Soon after this I contrived, by means which I must omit for want of room, to transfer myself to London. And now

began the latter and fiercer stage of my long sufferings; without using a disproportionate expression I might say, of my agony.

For I now suffered, for upwards of sixteen weeks, the physical anguish of hunger in. I various degrees of intensity, but as bitter perhaps as ever any human being can have suffered who has survived it would not needlessly harass my reader's feelings by a detail of all that I endured; for extremities such as these, under any circumstances of heaviest misconduct or guilt, cannot be contemplated, even in description, without a rueful pity that is painful to the natural goodness of the human heart. Let it suffice, at least on this occasion, to say that a few fragments of bread from the breakfast-table of one individual (who supposed me to be ill, but did not know of my being in utter want), and these at uncertain intervals, constituted my whole support. During the former part of my sufferings (that is, generally in Wales, and always for the first two months in London) I was houseless, and very seldom slept under a roof. To this constant exposure to the open air I ascribe it mainly that I did not sink under my torments. Latterly, however, when colder and more inclement weather came on, and when, from the length of my sufferings, I had begun to sink into a more languishing condition, it was no doubt fortunate for me that the same person to whose breakfast-table I had access, allowed me to sleep in a large unoccupied house of which he was tenant. Unoccupied I call it, for there was no household or establishment in it; nor any furniture, indeed, except a table and a few chairs. But I found, on taking possession

of my new quarters, that the house already contained one single inmate, a poor friendless child, apparently ten years old; but she seemed hunger-bitten, and sufferings of that sort often make children look older than they are. From this forlorn child I learned that she had slept and lived there alone for some time before I came; and great joy the poor creature expressed when she found that I was in future to be her companion through the hours of darkness. The house was large, and, from the want of furniture, the noise of the rats made a prodigious echoing on the spacious staircase and hall; and amidst the real fleshly ills of cold and, I fear, hunger, the forsaken child had found leisure to suffer still more (it appeared) from the self-created one of ghosts. I promised her protection against all ghosts whatsoever, but alas! I could offer her no other assistance. We lay upon the floor, with a bundle of cursed law papers for a pillow, but with no other covering than a sort of large horseman's cloak; afterwards, however, we discovered in a garret an old sofa-cover, a small piece of rug, and some fragments of other articles, which added a little to our warmth. The poor child crept close to me for warmth, and for security against her ghostly enemies. When I was not more than usually ill I took her into my arms, so that in general she was tolerably warm, and often slept when I could not, for during the last two months of my sufferings I slept much in daytime, and was apt to fall into transient dosings at all hours. But my sleep distressed me more than my watching, for beside the tumultuousness of my dreams (which were only not so awful

as those which I shall have to describe hereafter as produced by opium), my sleep was never more than what is called *dog-sleep*; so that I could hear myself moaning, and was often, as it seemed to me, awakened suddenly by my own voice; and about this time a hideous sensation began to haunt me as soon as I fell into a slumber, which has since returned upon me at different periods of my life—viz., a sort of twitching (I know not where, but apparently about the region of the stomach) which compelled me violently to throw out my feet for the sake of relieving it. This sensation coming on as soon as I began to sleep, and the effort to relieve it constantly awaking me, at length I slept only from exhaustion; and from increasing weakness (as I said before) I was constantly falling asleep and constantly awaking. Meantime, the master of the house sometimes came in upon us suddenly, and very early; sometimes not till ten o'clock, sometimes not at all. He was in constant fear of bailiffs. Improving on the plan of Cromwell, every night he slept in a different quarter of London; and I observed that he never failed to examine through a private window the appearance of those who knocked at the door before he would allow it to be opened. He breakfasted alone; indeed, his tea equipage would hardly have admitted of his hazarding an invitation to a second person, any more than the quantity of esculent *matériel*, which for the most part was little more than a roll or a few biscuits which he had bought on his road from the place where he had slept. Or, if he *had* asked a party—as I once learnedly and facetiously observed to him—

the several members of it must have *stood* in the relation to each other (not *sate* in any relation whatever) of succession, as the metaphysicians have it, and not of a coexistence; in the relation of the parts of time, and not of the parts of space. During his breakfast I generally contrived a reason for lounging in, and, with an air of as much indifference as I could assume, took up such fragments as he had left; sometimes, indeed, there were none at all. In doing this I committed no robbery except upon the man himself, who was thus obliged (I believe) now and then to send out at noon for an extra biscuit; for as to the poor child, *she* was never admitted into his study (if I may give that name to his chief depository of parchments, law writings, &c.); that room was to her the Bluebeard room of the house, being regularly locked on his departure to dinner, about six o'clock, which usually was his final departure for the night. Whether this child were an illegitimate daughter of Mr. —, or only a servant, I could not ascertain; she did not herself know; but certainly she was treated altogether as a menial servant. No sooner did Mr. — make his appearance than she went below stairs, brushed his shoes, coat, &c.; and, except when she was summoned to run an errand, she never emerged from the dismal Tartarus of the kitchen, &c., to the upper air until my welcome knock at night called up her little trembling footsteps to the front door. Of her life during the daytime, however, I knew little but what I gathered from her own account at night, for as soon as the hours of business commenced I saw that my absence would be acceptable, and in

general, therefore, I went off and sate in the parks or elsewhere until nightfall.

But who and what, meantime, was the master of the house himself? Reader, he was one of those anomalous practitioners in lower departments of the law who—what shall I say?—who on prudential reasons, or from necessity, deny themselves all indulgence in the luxury of too delicate a conscience, (a periphrasis which might be abridged considerably, but *that* I leave to the reader's taste): in many walks of life a conscience is a more expensive encumbrance than a wife or a carriage; and just as people talk of “laying down” their carriages, so I suppose my friend Mr. — had “laid down” his conscience for a time, meaning, doubtless, to resume it as soon as he could afford it.

The inner economy of such a man's daily life would present a most strange picture, if I could allow myself to amuse the reader at his expense. Even with my limited opportunities for observing what went on, I saw many scenes of London intrigues and complex chicanery, “cycle and epicycle, orb in orb,” at which I sometimes smile to this day, and at which I smiled then, in spite of my misery. My situation, however, at that time gave me little experience in my own person of any qualities in Mr. —'s character but such as did him honour; and of his whole strange composition I must forget everything but that towards me he was obliging, and to the extent of his power, generous.

That power was not, indeed, very extensive; however, in common with the rats, I sate rent free; and as Dr. Johnson has

recorded that he never but once in his life had as much wall-fruit as he could eat, so let me be grateful that on that single occasion I had as large a choice of apartments in a London mansion as I could possibly desire. Except the Bluebeard room, which the poor child believed to be haunted, all others, from the attics to the cellars, were at our service; “the world was all before us,” and we pitched our tent for the night in any spot we chose.

This house I have already described as a large one; it stands in a conspicuous situation and in a well-known part of London.

Many of my readers will have passed it, I doubt not, within a few hours of reading this. For myself, I never fail to visit it when business draws me to London; about ten o’clock this very night, August 15, 1821—being my birthday—I turned aside from my evening walk down Oxford Street, purposely to take a glance at it; it is now occupied by a respectable family, and by the lights in the front drawing-room I observed a domestic party assembled, perhaps at tea, and apparently cheerful and gay. Marvellous contrast, in my eyes, to the darkness, cold, silence, and desolation of that same house eighteen years ago, when its nightly occupants were one famishing scholar and a neglected child. Her, by-the-bye, in after-years I vainly endeavoured to trace. Apart from her situation, she was not what would be called an interesting child; she was neither pretty, nor quick in understanding, nor remarkably pleasing in manners. But, thank God! even in those years I needed not the embellishments of novel accessories to conciliate my affections: plain human nature, in its humblest and

most homely apparel, was enough for me, and I loved the child because she was my partner in wretchedness. If she is now living she is probably a mother, with children of her own; but, as I have said, I could never trace her.

This I regret; but another person there was at that time whom I have since sought to trace with far deeper earnestness, and with far deeper sorrow at my failure. This person was a young woman, and one of that unhappy class who subsist upon the wages of prostitution. I feel no shame, nor have any reason to feel it, in avowing that I was then on familiar and friendly terms with many women in that unfortunate condition. The reader needs neither smile at this avowal nor frown; for, not to remind my classical readers of the old Latin proverb, "*Sine cerere*," &c., it may well be supposed that in the existing state of my purse my connection with such women could not have been an impure one. But the truth is, that at no time of my life have I been a person to hold myself polluted by the touch or approach of any creature that wore a human shape; on the contrary, from my very earliest youth it has been my pride to converse familiarly, *more Socratico*, with all human beings, man, woman, and child, that chance might fling in my way; a practice which is friendly to the knowledge of human nature, to good feelings, and to that frankness of address which becomes a man who would be thought a philosopher. For a philosopher should not see with the eyes of the poor liminary creature calling himself a man of the world, and filled with narrow and self-regarding prejudices of

birth and education, but should look upon himself as a catholic creature, and as standing in equal relation to high and low, to educated and uneducated, to the guilty and the innocent. Being myself at that time of necessity a peripatetic, or a walker of the streets, I naturally fell in more frequently with those female peripatetics who are technically called street-walkers. Many of these women had occasionally taken my part against watchmen who wished to drive me off the steps of houses where I was sitting. But one amongst them, the one on whose account I have at all introduced this subject—yet no! let me not class the, oh! noble-minded Ann—with that order of women. Let me find, if it be possible, some gentler name to designate the condition of her to whose bounty and compassion, ministering to my necessities when all the world had forsaken me, I owe it that I am at this time alive. For many weeks I had walked at nights with this poor friendless girl up and down Oxford Street, or had rested with her on steps and under the shelter of porticoes. She could not be so old as myself; she told me, indeed, that she had not completed her sixteenth year. By such questions as my interest about her prompted I had gradually drawn forth her simple history. Hers was a case of ordinary occurrence (as I have since had reason to think), and one in which, if London beneficence had better adapted its arrangements to meet it, the power of the law might oftener be interposed to protect and to avenge. But the stream of London charity flows in a channel which, though deep and mighty, is yet noiseless and underground; not obvious or readily

accessible to poor houseless wanderers; and it cannot be denied that the outside air and framework of London society is harsh, cruel, and repulsive. In any case, however, I saw that part of her injuries might easily have been redressed, and I urged her often and earnestly to lay her complaint before a magistrate. Friendless as she was, I assured her that she would meet with immediate attention, and that English justice, which was no respecter of persons, would speedily and amply avenge her on the brutal ruffian who had plundered her little property. She promised me often that she would, but she delayed taking the steps I pointed out from time to time, for she was timid and dejected to a degree which showed how deeply sorrow had taken hold of her young heart; and perhaps she thought justly that the most upright judge and the most righteous tribunals could do nothing to repair her heaviest wrongs. Something, however, would perhaps have been done, for it had been settled between us at length, but unhappily on the very last time but one that I was ever to see her, that in a day or two we should go together before a magistrate, and that I should speak on her behalf. This little service it was destined, however, that I should never realise. Meantime, that which she rendered to me, and which was greater than I could ever have repaid her, was this:—One night, when we were pacing slowly along Oxford Street, and after a day when I had felt more than usually ill and faint, I requested her to turn off with me into Soho Square. Thither we went, and we sat down on the steps of a house, which to this hour I never pass without a pang of

grief and an inner act of homage to the spirit of that unhappy girl, in memory of the noble action which she there performed.

Suddenly, as we sate, I grew much worse. I had been leaning my head against her bosom, and all at once I sank from her arms and fell backwards on the steps. From the sensations I then had, I felt an inner conviction of the liveliest kind, that without some powerful and reviving stimulus I should either have died on the spot, or should at least have sunk to a point of exhaustion from which all reäscent under my friendless circumstances would soon have become hopeless. Then it was, at this crisis of my fate, that my poor orphan companion, who had herself met with little but injuries in this world, stretched out a saving hand to me.

Uttering a cry of terror, but without a moment's delay, she ran off into Oxford Street, and in less time than could be imagined returned to me with a glass of port wine and spices, that acted upon my empty stomach, which at that time would have rejected all solid food, with an instantaneous power of restoration; and for this glass the generous girl without a murmur paid out of her humble purse at a time—be it remembered!—when she had scarcely wherewithal to purchase the bare necessities of life, and when she could have no reason to expect that I should ever be able to reimburse her.

Oh, youthful benefactress! how often in succeeding years, standing in solitary places, and thinking of thee with grief of heart and perfect love—how often have I wished that, as in ancient times, the curse of a father was believed to have a

supernatural power, and to pursue its object with a fatal necessity of self-fulfilment; even so the benediction of a heart oppressed with gratitude might have a like prerogative, might have power given to it from above to chase, to haunt, to waylay, to overtake, to pursue thee into the central darkness of a London brothel, or (if it were possible) into the darkness of the grave, there to awaken thee with an authentic message of peace and forgiveness, and of final reconciliation!

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