

# SAMUEL JOHNSON

A JOURNEY TO THE  
WESTERN ISLANDS OF  
SCOTLAND

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# Samuel Johnson

## A Journey to the Western Islands of Scotland

### INCH KEITH

I had desired to visit the Hebrides, or Western Islands of Scotland, so long, that I scarcely remember how the wish was originally excited; and was in the Autumn of the year 1773 induced to undertake the journey, by finding in Mr. Boswell a companion, whose acuteness would help my inquiry, and whose gaiety of conversation and civility of manners are sufficient to counteract the inconveniences of travel, in countries less hospitable than we have passed.

On the eighteenth of August we left Edinburgh, a city too well known to admit description, and directed our course northward, along the eastern coast of Scotland, accompanied the first day by another gentleman, who could stay with us only long enough to shew us how much we lost at separation.

As we crossed the Frith of Forth, our curiosity was attracted by Inch Keith, a small island, which neither of my companions had ever visited, though, lying within their view, it had all their lives solicited their notice. Here, by climbing with some difficulty over shattered crags, we made the first experiment of unfrequented coasts. Inch Keith is nothing more than a rock covered with a thin layer of earth, not wholly bare of grass, and very fertile of thistles. A small herd of cows grazes annually upon it in the summer. It seems never to have afforded to man or beast a permanent habitation.

We found only the ruins of a small fort, not so injured by time but that it might be easily restored to its former state. It seems never to have been intended as a place of strength, nor was built to endure a siege, but merely to afford cover to a few soldiers, who perhaps had the charge of a battery, or were stationed to give signals of approaching danger. There is therefore no provision of water within the walls, though the spring is so near, that it might have been easily enclosed. One of the stones had this inscription: 'Maria Reg. 1564.' It has probably been neglected from the time that the whole island had the same king.

We left this little island with our thoughts employed awhile on the different appearance that it would have made, if it had been placed at the same distance from London, with the same facility of approach; with what emulation of price a few rocky acres would have been purchased, and with what expensive industry they would have been cultivated and adorned.

When we landed, we found our chaise ready, and passed through Kinghorn, Kirkaldy, and Cowpar, places not unlike the small or straggling market-towns in those parts of England where commerce and manufactures have not yet produced opulence.

Though we were yet in the most populous part of Scotland, and at so small a distance from the capital, we met few passengers.

The roads are neither rough nor dirty; and it affords a southern stranger a new kind of pleasure to travel so commodiously without the interruption of toll-gates. Where the bottom is rocky, as it seems commonly to be in Scotland, a smooth way is made indeed with great labour, but it never wants repairs; and in those parts where adventitious materials are necessary, the ground once consolidated is rarely broken; for the inland commerce is not great, nor are heavy commodities often transported otherwise than by water. The carriages in common use are small carts, drawn each by one little horse; and a man seems to derive some degree of dignity and importance from the reputation of possessing a two-horse cart.

## ST. ANDREWS

At an hour somewhat late we came to St. Andrews, a city once archiepiscopal; where that university still subsists in which philosophy was formerly taught by Buchanan, whose name has as fair a claim to immortality as can be conferred by modern latinity, and perhaps a fairer than the instability of vernacular languages admits.

We found, that by the interposition of some invisible friend, lodgings had been provided for us at the house of one of the professors, whose easy civility quickly made us forget that we were strangers; and in the whole time of our stay we were gratified by every mode of kindness, and entertained with all the elegance of lettered hospitality.

In the morning we rose to perambulate a city, which only history shews to have once flourished, and surveyed the ruins of ancient magnificence, of which even the ruins cannot long be visible, unless some care be taken to preserve them; and where is the pleasure of preserving such mournful memorials? They have been till very lately so much neglected, that every man carried away the stones who fancied that he wanted them.

The cathedral, of which the foundations may be still traced, and a small part of the wall is standing, appears to have been a spacious and majestic building, not unsuitable to the primacy of the kingdom. Of the architecture, the poor remains can hardly exhibit, even to an artist, a sufficient specimen. It was demolished, as is well known, in the tumult and violence of Knox's reformation.

Not far from the cathedral, on the margin of the water, stands a fragment of the castle, in which the archbishop anciently resided. It was never very large, and was built with more attention to security than pleasure. Cardinal Beaton is said to have had workmen employed in improving its fortifications at the time when he was murdered by the ruffians of reformation, in the manner of which Knox has given what he himself calls a merry narrative.

The change of religion in Scotland, eager and vehement as it was, raised an epidemical enthusiasm, compounded of sullen scrupulousness and warlike ferocity, which, in a people whom idleness resigned to their own thoughts, and who, conversing only with each other, suffered no dilution of their zeal from the gradual influx of new opinions, was long transmitted in its full strength from the old to the young, but by trade and intercourse with England, is now visibly abating, and giving way too fast to that laxity of practice and indifference of opinion, in which men, not sufficiently instructed to find the middle point, too easily shelter themselves from rigour and constraint.

The city of St. Andrews, when it had lost its archiepiscopal pre-eminence, gradually decayed: One of its streets is now lost; and in those that remain, there is silence and solitude of inactive indigence and gloomy depopulation.

The university, within a few years, consisted of three colleges, but is now reduced to two; the college of St. Leonard being lately dissolved by the sale of its buildings and the appropriation of its revenues to the professors of the two others. The chapel of the alienated college is yet standing, a fabrick not inelegant of external structure; but I was always, by some civil excuse, hindered from entering it. A decent attempt, as I was since told, has been made to convert it into a kind of greenhouse, by planting its area with shrubs. This new method of gardening is unsuccessful; the plants do not hitherto prosper. To what use it will next be put I have no pleasure in conjecturing. It is something that its present state is at least not ostentatiously displayed. Where there is yet shame, there may in time be virtue.

The dissolution of St. Leonard's college was doubtless necessary; but of that necessity there is reason to complain. It is surely not without just reproach, that a nation, of which the commerce is hourly extending, and the wealth encreasing, denies any participation of its prosperity to its literary societies; and while its merchants or its nobles are raising palaces, suffers its universities to moulder into dust.

Of the two colleges yet standing, one is by the institution of its founder appropriated to Divinity. It is said to be capable of containing fifty students; but more than one must occupy a chamber. The library, which is of late erection, is not very spacious, but elegant and luminous.

The doctor, by whom it was shewn, hoped to irritate or subdue my English vanity by telling me, that we had no such repository of books in England.

Saint Andrews seems to be a place eminently adapted to study and education, being situated in a populous, yet a cheap country, and exposing the minds and manners of young men neither to the levity and dissoluteness of a capital city, nor to the gross luxury of a town of commerce, places naturally unpropitious to learning; in one the desire of knowledge easily gives way to the love of pleasure, and in the other, is in danger of yielding to the love of money.

The students however are represented as at this time not exceeding a hundred. Perhaps it may be some obstruction to their increase that there is no episcopal chapel in the place. I saw no reason for imputing their paucity to the present professors; nor can the expence of an academical education be very reasonably objected. A student of the highest class may keep his annual session, or as the English call it, his term, which lasts seven months, for about fifteen pounds, and one of lower rank for less than ten; in which board, lodging, and instruction are all included.

The chief magistrate resident in the university, answering to our vice-chancellor, and to the *rector magnificus* on the continent, had commonly the title of Lord Rector; but being addressed only as Mr. Rector in an inaugural speech by the present chancellor, he has fallen from his former dignity of style. Lordship was very liberally annexed by our ancestors to any station or character of dignity: They said, the Lord General, and Lord Ambassador; so we still say, my Lord, to the judge upon the circuit, and yet retain in our Liturgy the Lords of the Council.

In walking among the ruins of religious buildings, we came to two vaults over which had formerly stood the house of the sub-prior. One of the vaults was inhabited by an old woman, who claimed the right of abode there, as the widow of a man whose ancestors had possessed the same gloomy mansion for no less than four generations. The right, however it began, was considered as established by legal prescription, and the old woman lives undisturbed. She thinks however that she has a claim to something more than sufferance; for as her husband's name was Bruce, she is allied to royalty, and told Mr. Boswell that when there were persons of quality in the place, she was distinguished by some notice; that indeed she is now neglected, but she spins a thread, has the company of her cat, and is troublesome to nobody.

Having now seen whatever this ancient city offered to our curiosity, we left it with good wishes, having reason to be highly pleased with the attention that was paid us. But whoever surveys the world must see many things that give him pain. The kindness of the professors did not contribute to abate the uneasy remembrance of an university declining, a college alienated, and a church profaned and hastening to the ground.

St. Andrews indeed has formerly suffered more atrocious ravages and more extensive destruction, but recent evils affect with greater force. We were reconciled to the sight of archiepiscopal ruins. The distance of a calamity from the present time seems to preclude the mind from contact or sympathy. Events long past are barely known; they are not considered. We read with as little emotion the violence of Knox and his followers, as the irruptions of Alaric and the Goths.

Had the university been destroyed two centuries ago, we should not have regretted it; but to see it pining in decay and struggling for life, fills the mind with mournful images and ineffectual wishes.

## ABERBROTHICK

As we knew sorrow and wishes to be vain, it was now our business to mind our way. The roads of Scotland afford little diversion to the traveller, who seldom sees himself either encountered or overtaken, and who has nothing to contemplate but grounds that have no visible boundaries, or are separated by walls of loose stone. From the bank of the Tweed to St. Andrews I had never seen a single tree, which I did not believe to have grown up far within the present century. Now and then about a gentleman's house stands a small plantation, which in Scotch is called a policy, but of these there are few, and those few all very young. The variety of sun and shade is here utterly unknown. There is no tree for either shelter or timber. The oak and the thorn is equally a stranger, and the whole country is extended in uniform nakedness, except that in the road between Kirkaldy and Cowpar, I passed for a few yards between two hedges. A tree might be a show in Scotland as a horse in Venice. At St. Andrews Mr. Boswell found only one, and recommended it to my notice; I told him that it was rough and low, or looked as if I thought so. This, said he, is nothing to another a few miles off. I was still less delighted to hear that another tree was not to be seen nearer. Nay, said a gentleman that stood by, I know but of this and that tree in the county.

The Lowlands of Scotland had once undoubtedly an equal portion of woods with other countries. Forests are every where gradually diminished, as architecture and cultivation prevail by the increase of people and the introduction of arts. But I believe few regions have been denuded like this, where many centuries must have passed in waste without the least thought of future supply. Davies observes in his account of Ireland, that no Irishman had ever planted an orchard. For that negligence some excuse might be drawn from an unsettled state of life, and the instability of property; but in Scotland possession has long been secure, and inheritance regular, yet it may be doubted whether before the Union any man between Edinburgh and England had ever set a tree.

Of this improvidence no other account can be given than that it probably began in times of tumult, and continued because it had begun. Established custom is not easily broken, till some great event shakes the whole system of things, and life seems to recommence upon new principles. That before the Union the Scots had little trade and little money, is no valid apology; for plantation is the least expensive of all methods of improvement. To drop a seed into the ground can cost nothing, and the trouble is not great of protecting the young plant, till it is out of danger; though it must be allowed to have some difficulty in places like these, where they have neither wood for palisades, nor thorns for hedges.

Our way was over the Firth of Tay, where, though the water was not wide, we paid four shillings for ferrying the chaise. In Scotland the necessaries of life are easily procured, but superfluities and elegancies are of the same price at least as in England, and therefore may be considered as much dearer.

We stopped a while at Dundee, where I remember nothing remarkable, and mounting our chaise again, came about the close of the day to Aberbrothick.

The monastery of Aberbrothick is of great renown in the history of Scotland. Its ruins afford ample testimony of its ancient magnificence: Its extent might, I suppose, easily be found by following the walls among the grass and weeds, and its height is known by some parts yet standing. The arch of one of the gates is entire, and of another only so far dilapidated as to diversify the appearance.

A square apartment of great loftiness is yet standing; its use I could not conjecture, as its elevation was very disproportionate to its area. Two corner towers, particularly attracted our attention. Mr. Boswell, whose inquisitiveness is seconded by great activity, scrambled in at a high window, but found the stairs within broken, and could not reach the top. Of the other tower we were told that the inhabitants sometimes climbed it, but we did not immediately discern the entrance, and as the night was gathering upon us, thought proper to desist. Men skilled in architecture might do what we



did not attempt: They might probably form an exact ground-plot of this venerable edifice. They may from some parts yet standing conjecture its general form, and perhaps by comparing it with other buildings of the same kind and the same age, attain an idea very near to truth. I should scarcely have regretted my journey, had it afforded nothing more than the sight of Aberbrothick.

## MONTROSE

Leaving these fragments of magnificence, we travelled on to Montrose, which we surveyed in the morning, and found it well built, airy, and clean. The townhouse is a handsome fabrick with a portico. We then went to view the English chapel, and found a small church, clean to a degree unknown in any other part of Scotland, with commodious galleries, and what was yet less expected, with an organ.

At our inn we did not find a reception such as we thought proportionate to the commercial opulence of the place; but Mr. Boswell desired me to observe that the innkeeper was an Englishman, and I then defended him as well as I could.

When I had proceeded thus far, I had opportunities of observing what I had never heard, that there are many beggars in Scotland. In Edinburgh the proportion is, I think, not less than in London, and in the smaller places it is far greater than in English towns of the same extent. It must, however, be allowed that they are not importunate, nor clamorous. They solicit silently, or very modestly, and therefore though their behaviour may strike with more force the heart of a stranger, they are certainly in danger of missing the attention of their countrymen. Novelty has always some power, an unaccustomed mode of begging excites an unaccustomed degree of pity. But the force of novelty is by its own nature soon at an end; the efficacy of outcry and perseverance is permanent and certain.

The road from Montrose exhibited a continuation of the same appearances. The country is still naked, the hedges are of stone, and the fields so generally plowed that it is hard to imagine where grass is found for the horses that till them. The harvest, which was almost ripe, appeared very plentiful.

Early in the afternoon Mr. Boswell observed that we were at no great distance from the house of lord Monboddo. The magnetism of his conversation easily drew us out of our way, and the entertainment which we received would have been a sufficient recompense for a much greater deviation.

The roads beyond Edinburgh, as they are less frequented, must be expected to grow gradually rougher; but they were hitherto by no means incommodious. We travelled on with the gentle pace of a Scotch driver, who having no rivals in expedition, neither gives himself nor his horses unnecessary trouble. We did not affect the impatience we did not feel, but were satisfied with the company of each other as well riding in the chaise, as sitting at an inn. The night and the day are equally solitary and equally safe; for where there are so few travellers, why should there be robbers.

## ABERDEEN

We came somewhat late to Aberdeen, and found the inn so full, that we had some difficulty in obtaining admission, till Mr. Boswell made himself known: His name overpowered all objection, and we found a very good house and civil treatment.

I received the next day a very kind letter from Sir Alexander Gordon, whom I had formerly known in London, and after a cessation of all intercourse for near twenty years met here professor of physic in the King's College. Such unexpected renewals of acquaintance may be numbered among the most pleasing incidents of life.

The knowledge of one professor soon procured me the notice of the rest, and I did not want any token of regard, being conducted wherever there was any thing which I desired to see, and entertained at once with the novelty of the place, and the kindness of communication.

To write of the cities of our own island with the solemnity of geographical description, as if we had been cast upon a newly discovered coast, has the appearance of very frivolous ostentation; yet as Scotland is little known to the greater part of those who may read these observations, it is not superfluous to relate, that under the name of Aberdeen are comprised two towns standing about a mile distant from each other, but governed, I think, by the same magistrates.

Old Aberdeen is the ancient episcopal city, in which are still to be seen the remains of the cathedral. It has the appearance of a town in decay, having been situated in times when commerce was yet unstudied, with very little attention to the commodities of the harbour.

New Aberdeen has all the bustle of prosperous trade, and all the shew of increasing opulence. It is built by the water-side. The houses are large and lofty, and the streets spacious and clean. They build almost wholly with the granite used in the new pavement of the streets of London, which is well known not to want hardness, yet they shape it easily. It is beautiful and must be very lasting.

What particular parts of commerce are chiefly exercised by the merchants of Aberdeen, I have not inquired. The manufacture which forces itself upon a stranger's eye is that of knit-stockings, on which the women of the lower class are visibly employed.

In each of these towns there is a college, or in stricter language, an university; for in both there are professors of the same parts of learning, and the colleges hold their sessions and confer degrees separately, with total independence of one on the other.

In old Aberdeen stands the King's College, of which the first president was Hector Boece, or Boethius, who may be justly revered as one of the revivers of elegant learning. When he studied at Paris, he was acquainted with Erasmus, who afterwards gave him a public testimony of his esteem, by inscribing to him a catalogue of his works. The stile of Boethius, though, perhaps, not always rigorously pure, is formed with great diligence upon ancient models, and wholly uninfected with monastic barbarity. His history is written with elegance and vigour, but his fabulousness and credulity are justly blamed. His fabulousness, if he was the author of the fictions, is a fault for which no apology can be made; but his credulity may be excused in an age, when all men were credulous. Learning was then rising on the world; but ages so long accustomed to darkness, were too much dazzled with its light to see any thing distinctly. The first race of scholars, in the fifteenth century, and some time after, were, for the most part, learning to speak, rather than to think, and were therefore more studious of elegance than of truth. The contemporaries of Boethius thought it sufficient to know what the ancients had delivered. The examination of tenets and of facts was reserved for another generation.

\* \* \* \* \*

Boethius, as president of the university, enjoyed a revenue of forty Scottish marks, about two pounds four shillings and sixpence of sterling money. In the present age of trade and taxes, it is difficult even for the imagination so to raise the value of money, or so to diminish the demands of life, as to suppose four and forty shillings a year, an honourable stipend; yet it was probably equal, not only to the needs, but to the rank of Boethius. The wealth of England was undoubtedly to that of Scotland more than five to one, and it is known that Henry the eighth, among whose faults avarice was never reckoned, granted to Roger Ascham, as a reward of his learning, a pension of ten pounds a year.

The other, called the Marischal College, is in the new town. The hall is large and well lighted. One of its ornaments is the picture of Arthur Johnston, who was principal of the college, and who holds among the Latin poets of Scotland the next place to the elegant Buchanan.

In the library I was shewn some curiosities; a Hebrew manuscript of exquisite penmanship, and a Latin translation of Aristotle's *Politicks* by Leonardus Aretinus, written in the Roman character with nicety and beauty, which, as the art of printing has made them no longer necessary, are not now to be found. This was one of the latest performances of the transcribers, for Aretinus died but about twenty years before typography was invented. This version has been printed, and may be found in libraries, but is little read; for the same books have been since translated both by Victorius and Lambinus, who lived in an age more cultivated, but perhaps owed in part to Aretinus that they were able to excel him. Much is due to those who first broke the way to knowledge, and left only to their successors the task of smoothing it.

In both these colleges the methods of instruction are nearly the same; the lectures differing only by the accidental difference of diligence, or ability in the professors. The students wear scarlet gowns and the professors black, which is, I believe, the academical dress in all the Scottish universities, except that of Edinburgh, where the scholars are not distinguished by any particular habit. In the King's College there is kept a public table, but the scholars of the Marischal College are boarded in the town. The expence of living is here, according to the information that I could obtain, somewhat more than at St. Andrews.

The course of education is extended to four years, at the end of which those who take a degree, who are not many, become masters of arts, and whoever is a master may, if he pleases, immediately commence doctor. The title of doctor, however, was for a considerable time bestowed only on physicians. The advocates are examined and approved by their own body; the ministers were not ambitious of titles, or were afraid of being censured for ambition; and the doctorate in every faculty was commonly given or sold into other countries. The ministers are now reconciled to distinction, and as it must always happen that some will excel others, have thought graduation a proper testimony of uncommon abilities or acquisitions.

The indiscriminate collation of degrees has justly taken away that respect which they originally claimed as stamps, by which the literary value of men so distinguished was authoritatively denoted.

That academical honours, or any others should be conferred with exact proportion to merit, is more than human judgment or human integrity have given reason to expect. Perhaps degrees in universities cannot be better adjusted by any general rule than by the length of time passed in the public profession of learning. An English or Irish doctorate cannot be obtained by a very young man, and it is reasonable to suppose, what is likewise by experience commonly found true, that he who is by age qualified to be a doctor, has in so much time gained learning sufficient not to disgrace the title, or wit sufficient not to desire it.

The Scotch universities hold but one term or session in the year. That of St. Andrews continues eight months, that of Aberdeen only five, from the first of November to the first of April.

In Aberdeen there is an English Chapel, in which the congregation was numerous and splendid. The form of public worship used by the church of England is in Scotland legally practised in licensed chapels served by clergymen of English or Irish ordination, and by tacit connivance quietly permitted in separate congregations supplied with ministers by the successors of the bishops who were deprived at the Revolution.

We came to Aberdeen on Saturday August 21. On Monday we were invited into the town-hall, where I had the freedom of the city given me by the Lord Provost. The honour conferred had all the decorations that politeness could add, and what I am afraid I should not have had to say of any city south of the Tweed, I found no petty officer bowing for a fee.

The parchment containing the record of admission is, with the seal appending, fastened to a riband and worn for one day by the new citizen in his hat.

By a lady who saw us at the chapel, the Earl of Errol was informed of our arrival, and we had the honour of an invitation to his seat, called Slanes Castle, as I am told, improperly, from the castle of that name, which once stood at a place not far distant.

The road beyond Aberdeen grew more stony, and continued equally naked of all vegetable decoration. We travelled over a tract of ground near the sea, which, not long ago, suffered a very uncommon, and unexpected calamity. The sand of the shore was raised by a tempest in such quantities, and carried to such a distance, that an estate was overwhelmed and lost. Such and so hopeless was the barrenness superinduced, that the owner, when he was required to pay the usual tax, desired rather to resign the ground.

## SLANES CASTLE, THE BULLER OF BUCHAN

We came in the afternoon to Slanes Castle, built upon the margin of the sea, so that the walls of one of the towers seem only a continuation of a perpendicular rock, the foot of which is beaten by the waves. To walk round the house seemed impracticable. From the windows the eye wanders over the sea that separates Scotland from Norway, and when the winds beat with violence must enjoy all the terrific grandeur of the tempestuous ocean. I would not for my amusement wish for a storm; but as storms, whether wished or not, will sometimes happen, I may say, without violation of humanity, that I should willingly look out upon them from Slanes Castle.

When we were about to take our leave, our departure was prohibited by the countess till we should have seen two places upon the coast, which she rightly considered as worthy of curiosity, Dun Buy, and the Buller of Buchan, to which Mr. Boyd very kindly conducted us.

Dun Buy, which in Erse is said to signify the Yellow Rock, is a double protuberance of stone, open to the main sea on one side, and parted from the land by a very narrow channel on the other.

It has its name and its colour from the dung of innumerable sea-fowls, which in the Spring chuse this place as convenient for incubation, and have their eggs and their young taken in great abundance.

One of the birds that frequent this rock has, as we were told, its body not larger than a duck's, and yet lays eggs as large as those of a goose. This bird is by the inhabitants named a Coot. That which is called Coot in England, is here a Cooter.

Upon these rocks there was nothing that could long detain attention, and we soon turned our eyes to the Buller, or Bouiloir of Buchan, which no man can see with indifference, who has either sense of danger or delight in rarity. It is a rock perpendicularly tubulated, united on one side with a high shore, and on the other rising steep to a great height, above the main sea. The top is open, from which may be seen a dark gulf of water which flows into the cavity, through a breach made in the lower part of the inclosing rock. It has the appearance of a vast well bordered with a wall.

The edge of the Buller is not wide, and to those that walk round, appears very narrow. He that ventures to look downward sees, that if his foot should slip, he must fall from his dreadful elevation upon stones on one side, or into water on the other. We however went round, and were glad when the circuit was completed.

When we came down to the sea, we saw some boats, and rowers, and resolved to explore the Buller at the bottom. We entered the arch, which the water had made, and found ourselves in a place, which, though we could not think ourselves in danger, we could scarcely survey without some recoil of the mind. The bason in which we floated was nearly circular, perhaps thirty yards in diameter.

We were inclosed by a natural wall, rising steep on every side to a height which produced the idea of insurmountable confinement. The interception of all lateral light caused a dismal gloom. Round us was a perpendicular rock, above us the distant sky, and below an unknown profundity of water.

If I had any malice against a walking spirit, instead of laying him in the Red-sea, I would condemn him to reside in the Buller of Buchan.

But terroure without danger is only one of the sports of fancy, a voluntary agitation of the mind that is permitted no longer than it pleases. We were soon at leisure to examine the place with minute inspection, and found many cavities which, as the waterman told us, went backward to a depth which they had never explored. Their extent we had not time to try; they are said to serve different purposes.

Ladies come hither sometimes in the summer with collations, and smugglers make them storehouses for clandestine merchandise. It is hardly to be doubted but the pirates of ancient times often used them as magazines of arms, or repositories of plunder.

To the little vessels used by the northern rovers, the Buller may have served as a shelter from storms, and perhaps as a retreat from enemies; the entrance might have been stopped, or guarded

with little difficulty, and though the vessels that were stationed within would have been battered with stones showered on them from above, yet the crews would have lain safe in the caverns.

Next morning we continued our journey, pleased with our reception at Slanes Castle, of which we had now leisure to recount the grandeur and the elegance; for our way afforded us few topics of conversation. The ground was neither uncultivated nor unfruitful; but it was still all arable. Of flocks or herds there was no appearance. I had now travelled two hundred miles in Scotland, and seen only one tree not younger than myself.

## BAMFF

We dined this day at the house of Mr. Frazer of Streichton, who shewed us in his grounds some stones yet standing of a druidical circle, and what I began to think more worthy of notice, some forest trees of full growth.

At night we came to Bamff, where I remember nothing that particularly claimed my attention.

The ancient towns of Scotland have generally an appearance unusual to Englishmen. The houses, whether great or small, are for the most part built of stones. Their ends are now and then next the streets, and the entrance into them is very often by a flight of steps, which reaches up to the second story, the floor which is level with the ground being entered only by stairs descending within the house.

The art of joining squares of glass with lead is little used in Scotland, and in some places is totally forgotten. The frames of their windows are all of wood. They are more frugal of their glass than the English, and will often, in houses not otherwise mean, compose a square of two pieces, not joining like cracked glass, but with one edge laid perhaps half an inch over the other. Their windows do not move upon hinges, but are pushed up and drawn down in grooves, yet they are seldom accommodated with weights and pullies. He that would have his window open must hold it with his hand, unless what may be sometimes found among good contrivers, there be a nail which he may stick into a hole, to keep it from falling.

What cannot be done without some uncommon trouble or particular expedient, will not often be done at all. The incommodiousness of the Scotch windows keeps them very closely shut. The necessity of ventilating human habitations has not yet been found by our northern neighbours; and even in houses well built and elegantly furnished, a stranger may be sometimes forgiven, if he allows himself to wish for fresher air.

These diminutive observations seem to take away something from the dignity of writing, and therefore are never communicated but with hesitation, and a little fear of abasement and contempt.

But it must be remembered, that life consists not of a series of illustrious actions, or elegant enjoyments; the greater part of our time passes in compliance with necessities, in the performance of daily duties, in the removal of small inconveniences, in the procurement of petty pleasures; and we are well or ill at ease, as the main stream of life glides on smoothly, or is ruffled by small obstacles and frequent interruption. The true state of every nation is the state of common life. The manners of a people are not to be found in the schools of learning, or the palaces of greatness, where the national character is obscured or obliterated by travel or instruction, by philosophy or vanity; nor is public happiness to be estimated by the assemblies of the gay, or the banquets of the rich. The great mass of nations is neither rich nor gay: they whose aggregate constitutes the people, are found in the streets, and the villages, in the shops and farms; and from them collectively considered, must the measure of general prosperity be taken. As they approach to delicacy a nation is refined, as their conveniences are multiplied, a nation, at least a commercial nation, must be denominated wealthy.



## ELGIN

Finding nothing to detain us at Bamff, we set out in the morning, and having breakfasted at Cullen, about noon came to Elgin, where in the inn, that we supposed the best, a dinner was set before us, which we could not eat. This was the first time, and except one, the last, that I found any reason to complain of a Scottish table; and such disappointments, I suppose, must be expected in every country, where there is no great frequency of travellers.

The ruins of the cathedral of Elgin afforded us another proof of the waste of reformation.

There is enough yet remaining to shew, that it was once magnificent. Its whole plot is easily traced.

On the north side of the choir, the chapter-house, which is roofed with an arch of stone, remains entire; and on the south side, another mass of building, which we could not enter, is preserved by the care of the family of Gordon; but the body of the church is a mass of fragments.

A paper was here put into our hands, which deduced from sufficient authorities the history of this venerable ruin. The church of Elgin had, in the intestine tumults of the barbarous ages, been laid waste by the irruption of a highland chief, whom the bishop had offended; but it was gradually restored to the state, of which the traces may be now discerned, and was at last not destroyed by the tumultuous violence of Knox, but more shamefully suffered to dilapidate by deliberate robbery and frigid indifference. There is still extant, in the books of the council, an order, of which I cannot remember the date, but which was doubtless issued after the Reformation, directing that the lead, which covers the two cathedrals of Elgin and Aberdeen, shall be taken away, and converted into money for the support of the army. A Scotch army was in those times very cheaply kept; yet the lead of two churches must have born so small a proportion to any military expence, that it is hard not to believe the reason alleged to be merely popular, and the money intended for some private purse. The order however was obeyed; the two churches were stripped, and the lead was shipped to be sold in Holland. I hope every reader will rejoice that this cargo of sacrilege was lost at sea.

Let us not however make too much haste to despise our neighbours. Our own cathedrals are mouldering by unregarded dilapidation. It seems to be part of the despicable philosophy of the time to despise monuments of sacred magnificence, and we are in danger of doing that deliberately, which the Scots did not do but in the unsettled state of an imperfect constitution.

Those who had once uncovered the cathedrals never wished to cover them again; and being thus made useless, they were, first neglected, and perhaps, as the stone was wanted, afterwards demolished.

Elgin seems a place of little trade, and thinly inhabited. The episcopal cities of Scotland, I believe, generally fell with their churches, though some of them have since recovered by a situation convenient for commerce. Thus Glasgow, though it has no longer an archbishop, has risen beyond its original state by the opulence of its traders; and Aberdeen, though its ancient stock had decayed, flourishes by a new shoot in another place.

In the chief street of Elgin, the houses jut over the lowest story, like the old buildings of timber in London, but with greater prominence; so that there is sometimes a walk for a considerable length under a cloister, or portico, which is now indeed frequently broken, because the new houses have another form, but seems to have been uniformly continued in the old city.

## FORES. CALDER. FORT GEORGE

We went forwards the same day to Fores, the town to which Macbeth was travelling, when he met the weird sisters in his way. This to an Englishman is classic ground. Our imaginations were heated, and our thoughts recalled to their old amusements.

We had now a prelude to the Highlands. We began to leave fertility and culture behind us, and saw for a great length of road nothing but heath; yet at Fochabars, a seat belonging to the duke of Gordon, there is an orchard, which in Scotland I had never seen before, with some timber trees, and a plantation of oaks.

At Fores we found good accommodation, but nothing worthy of particular remark, and next morning entered upon the road, on which Macbeth heard the fatal prediction; but we travelled on not interrupted by promises of kingdoms, and came to Nairn, a royal burgh, which, if once it flourished, is now in a state of miserable decay; but I know not whether its chief annual magistrate has not still the title of Lord Provost.

At Nairn we may fix the verge of the Highlands; for here I first saw peat fires, and first heard the Erse language. We had no motive to stay longer than to breakfast, and went forward to the house of Mr. Macaulay, the minister who published an account of St. Kilda, and by his direction visited Calder Castle, from which Macbeth drew his second title. It has been formerly a place of strength.

The drawbridge is still to be seen, but the moat is now dry. The tower is very ancient: Its walls are of great thickness, arched on the top with stone, and surrounded with battlements. The rest of the house is later, though far from modern.

We were favoured by a gentleman, who lives in the castle, with a letter to one of the officers at Fort George, which being the most regular fortification in the island, well deserves the notice of a traveller, who has never travelled before. We went thither next day, found a very kind reception, were led round the works by a gentleman, who explained the use of every part, and entertained by Sir Eyre Coote, the governour, with such elegance of conversation as left us no attention to the delicacies of his table.

Of Fort George I shall not attempt to give any account. I cannot delineate it scientifically, and a loose and popular description is of use only when the imagination is to be amused. There was every where an appearance of the utmost neatness and regularity. But my suffrage is of little value, because this and Fort Augustus are the only garrisons that I ever saw.

We did not regret the time spent at the fort, though in consequence of our delay we came somewhat late to Inverness, the town which may properly be called the capital of the Highlands.

Hither the inhabitants of the inland parts come to be supplied with what they cannot make for themselves: Hither the young nymphs of the mountains and valleys are sent for education, and as far as my observation has reached, are not sent in vain.

## INVERNESS

Inverness was the last place which had a regular communication by high roads with the southern counties. All the ways beyond it have, I believe, been made by the soldiers in this century. At Inverness therefore Cromwell, when he subdued Scotland, stationed a garrison, as at the boundary of the Highlands. The soldiers seem to have incorporated afterwards with the inhabitants, and to have peopled the place with an English race; for the language of this town has been long considered as peculiarly elegant.

Here is a castle, called the castle of Macbeth, the walls of which are yet standing. It was no very capacious edifice, but stands upon a rock so high and steep, that I think it was once not accessible, but by the help of ladders, or a bridge. Over against it, on another hill, was a fort built by Cromwell, now totally demolished; for no faction of Scotland loved the name of Cromwell, or had any desire to continue his memory.

Yet what the Romans did to other nations, was in a great degree done by Cromwell to the Scots; he civilized them by conquest, and introduced by useful violence the arts of peace. I was told at Aberdeen that the people learned from Cromwell's soldiers to make shoes and to plant kail.

How they lived without kail, it is not easy to guess: They cultivate hardly any other plant for common tables, and when they had not kail they probably had nothing. The numbers that go barefoot are still sufficient to shew that shoes may be spared: They are not yet considered as necessities of life; for tall boys, not otherwise meanly dressed, run without them in the streets; and in the islands the sons of gentlemen pass several of their first years with naked feet.

I know not whether it be not peculiar to the Scots to have attained the liberal, without the manual arts, to have excelled in ornamental knowledge, and to have wanted not only the elegancies, but the conveniences of common life. Literature soon after its revival found its way to Scotland, and from the middle of the sixteenth century, almost to the middle of the seventeenth, the politer studies were very diligently pursued. The Latin poetry of *Deliciae Poëtarum Scotorum* would have done honour to any nation, at least till the publication of *May's Supplement* the English had very little to oppose.

Yet men thus ingenious and inquisitive were content to live in total ignorance of the trades by which human wants are supplied, and to supply them by the grossest means. Till the Union made them acquainted with English manners, the culture of their lands was unskilful, and their domestick life unformed; their tables were coarse as the feasts of Eskimeaux, and their houses filthy as the cottages of Hottentots.

Since they have known that their condition was capable of improvement, their progress in useful knowledge has been rapid and uniform. What remains to be done they will quickly do, and then wonder, like me, why that which was so necessary and so easy was so long delayed. But they must be for ever content to owe to the English that elegance and culture, which, if they had been vigilant and active, perhaps the English might have owed to them.

Here the appearance of life began to alter. I had seen a few women with plaids at Aberdeen; but at Inverness the Highland manners are common. There is I think a kirk, in which only the Erse language is used. There is likewise an English chapel, but meanly built, where on Sunday we saw a very decent congregation.

We were now to bid farewell to the luxury of travelling, and to enter a country upon which perhaps no wheel has ever rolled. We could indeed have used our post-chaise one day longer, along the military road to Fort Augustus, but we could have hired no horses beyond Inverness, and we were not so sparing of ourselves, as to lead them, merely that we might have one day longer the indulgence of a carriage.

At Inverness therefore we procured three horses for ourselves and a servant, and one more for our baggage, which was no very heavy load. We found in the course of our journey the convenience

of having disencumbered ourselves, by laying aside whatever we could spare; for it is not to be imagined without experience, how in climbing crags, and treading bogs, and winding through narrow and obstructed passages, a little bulk will hinder, and a little weight will burthen; or how often a man that has pleased himself at home with his own resolution, will, in the hour of darkness and fatigue, be content to leave behind him every thing but himself.

## LOUGH NESS

We took two Highlanders to run beside us, partly to shew us the way, and partly to take back from the sea-side the horses, of which they were the owners. One of them was a man of great liveliness and activity, of whom his companion said, that he would tire any horse in Inverness. Both of them were civil and ready-handed. Civility seems part of the national character of Highlanders. Every chieftain is a monarch, and politeness, the natural product of royal government, is diffused from the laird through the whole clan. But they are not commonly dexterous: their narrowness of life confines them to a few operations, and they are accustomed to endure little wants more than to remove them.

We mounted our steeds on the thirtieth of August, and directed our guides to conduct us to Fort Augustus. It is built at the head of Lough Ness, of which Inverness stands at the outlet. The way between them has been cut by the soldiers, and the greater part of it runs along a rock, levelled with great labour and exactness, near the water-side.

Most of this day's journey was very pleasant. The day, though bright, was not hot; and the appearance of the country, if I had not seen the Peak, would have been wholly new. We went upon a surface so hard and level, that we had little care to hold the bridle, and were therefore at full leisure for contemplation. On the left were high and steep rocks shaded with birch, the hardy native of the North, and covered with fern or heath. On the right the limpid waters of Lough Ness were beating their bank, and waving their surface by a gentle agitation. Beyond them were rocks sometimes covered with verdure, and sometimes towering in horrid nakedness. Now and then we espied a little cornfield, which served to impress more strongly the general barrenness.

Lough Ness is about twenty-four miles long, and from one mile to two miles broad. It is remarkable that Boethius, in his description of Scotland, gives it twelve miles of breadth. When historians or geographers exhibit false accounts of places far distant, they may be forgiven, because they can tell but what they are told; and that their accounts exceed the truth may be justly supposed, because most men exaggerate to others, if not to themselves: but Boethius lived at no great distance; if he never saw the lake, he must have been very incurious, and if he had seen it, his veracity yielded to very slight temptations.

Lough Ness, though not twelve miles broad, is a very remarkable diffusion of water without islands. It fills a large hollow between two ridges of high rocks, being supplied partly by the torrents which fall into it on either side, and partly, as is supposed, by springs at the bottom. Its water is remarkably clear and pleasant, and is imagined by the natives to be medicinal. We were told, that it is in some places a hundred and forty fathoms deep, a profundity scarcely credible, and which probably those that relate it have never sounded. Its fish are salmon, trout, and pike.

It was said at fort Augustus, that Lough Ness is open in the hardest winters, though a lake not far from it is covered with ice. In discussing these exceptions from the course of nature, the first question is, whether the fact be justly stated. That which is strange is delightful, and a pleasing error is not willingly detected. Accuracy of narration is not very common, and there are few so rigidly philosophical, as not to represent as perpetual, what is only frequent, or as constant, what is really casual. If it be true that Lough Ness never freezes, it is either sheltered by its high banks from the cold blasts, and exposed only to those winds which have more power to agitate than congeal; or it is kept in perpetual motion by the rush of streams from the rocks that inclose it. Its profundity though it should be such as is represented can have little part in this exemption; for though deep wells are not frozen, because their water is secluded from the external air, yet where a wide surface is exposed to the full influence of a freezing atmosphere, I know not why the depth should keep it open. Natural philosophy is now one of the favourite studies of the Scottish nation, and Lough Ness well deserves to be diligently examined.

The road on which we travelled, and which was itself a source of entertainment, is made along the rock, in the direction of the lough, sometimes by breaking off protuberances, and sometimes by cutting the great mass of stone to a considerable depth. The fragments are piled in a loose wall on either side, with apertures left at very short spaces, to give a passage to the wintry currents. Part of it is bordered with low trees, from which our guides gathered nuts, and would have had the appearance of an English lane, except that an English lane is almost always dirty. It has been made with great labour, but has this advantage, that it cannot, without equal labour, be broken up.

Within our sight there were goats feeding or playing. The mountains have red deer, but they came not within view; and if what is said of their vigilance and subtlety be true, they have some claim to that palm of wisdom, which the eastern philosopher, whom Alexander interrogated, gave to those beasts which live furthest from men.

Near the way, by the water side, we espied a cottage. This was the first Highland Hut that I had seen; and as our business was with life and manners, we were willing to visit it. To enter a habitation without leave, seems to be not considered here as rudeness or intrusion. The old laws of hospitality still give this licence to a stranger.

A hut is constructed with loose stones, ranged for the most part with some tendency to circularity. It must be placed where the wind cannot act upon it with violence, because it has no cement; and where the water will run easily away, because it has no floor but the naked ground. The wall, which is commonly about six feet high, declines from the perpendicular a little inward. Such rafters as can be procured are then raised for a roof, and covered with heath, which makes a strong and warm thatch, kept from flying off by ropes of twisted heath, of which the ends, reaching from the center of the thatch to the top of the wall, are held firm by the weight of a large stone. No light is admitted but at the entrance, and through a hole in the thatch, which gives vent to the smoke.

This hole is not directly over the fire, lest the rain should extinguish it; and the smoke therefore naturally fills the place before it escapes. Such is the general structure of the houses in which one of the nations of this opulent and powerful island has been hitherto content to live. Huts however are not more uniform than palaces; and this which we were inspecting was very far from one of the meanest, for it was divided into several apartments; and its inhabitants possessed such property as a pastoral poet might exalt into riches.

When we entered, we found an old woman boiling goats-flesh in a kettle. She spoke little English, but we had interpreters at hand; and she was willing enough to display her whole system of economy. She has five children, of which none are yet gone from her. The eldest, a boy of thirteen, and her husband, who is eighty years old, were at work in the wood. Her two next sons were gone to Inverness to buy meal, by which oatmeal is always meant. Meal she considered as expensive food, and told us, that in Spring, when the goats gave milk, the children could live without it. She is mistress of sixty goats, and I saw many kids in an enclosure at the end of her house. She had also some poultry. By the lake we saw a potatoe-garden, and a small spot of ground on which stood four shucks, containing each twelve sheaves of barley. She has all this from the labour of their own hands, and for what is necessary to be bought, her kids and her chickens are sent to market.

With the true pastoral hospitality, she asked us to sit down and drink whisky. She is religious, and though the kirk is four miles off, probably eight English miles, she goes thither every Sunday.

We gave her a shilling, and she begged snuff; for snuff is the luxury of a Highland cottage.

Soon afterwards we came to the General's Hut, so called because it was the temporary abode of Wade, while he superintended the works upon the road. It is now a house of entertainment for passengers, and we found it not ill stocked with provisions.

## FALL OF FIERS

Towards evening we crossed, by a bridge, the river which makes the celebrated fall of Fiers. The country at the bridge strikes the imagination with all the gloom and grandeur of Siberian solitude.

The way makes a flexure, and the mountains, covered with trees, rise at once on the left hand and in the front. We desired our guides to shew us the fall, and dismounting, clambered over very rugged crags, till I began to wish that our curiosity might have been gratified with less trouble and danger.

We came at last to a place where we could overlook the river, and saw a channel torn, as it seems, through black piles of stone, by which the stream is obstructed and broken, till it comes to a very steep descent, of such dreadful depth, that we were naturally inclined to turn aside our eyes.

But we visited the place at an unseasonable time, and found it divested of its dignity and terror.

Nature never gives every thing at once. A long continuance of dry weather, which made the rest of the way easy and delightful, deprived us of the pleasure expected from the fall of Fiers. The river having now no water but what the springs supply, showed us only a swift current, clear and shallow, fretting over the asperities of the rocky bottom, and we were left to exercise our thoughts, by endeavouring to conceive the effect of a thousand streams poured from the mountains into one channel, struggling for expansion in a narrow passage, exasperated by rocks rising in their way, and at last discharging all their violence of waters by a sudden fall through the horrid chasm.

The way now grew less easy, descending by an uneven declivity, but without either dirt or danger. We did not arrive at Fort Augustus till it was late. Mr. Boswell, who, between his father's merit and his own, is sure of reception wherever he comes, sent a servant before to beg admission and entertainment for that night. Mr. Trapaud, the governor, treated us with that courtesy which is so closely connected with the military character. He came out to meet us beyond the gates, and apologized that, at so late an hour, the rules of a garrison suffered him to give us entrance only at the postern.

## FORT AUGUSTUS

In the morning we viewed the fort, which is much less than that of St. George, and is said to be commanded by the neighbouring hills. It was not long ago taken by the Highlanders. But its situation seems well chosen for pleasure, if not for strength; it stands at the head of the lake, and, by a sloop of sixty tuns, is supplied from Inverness with great convenience.

We were now to cross the Highlands towards the western coast, and to content ourselves with such accommodations, as a way so little frequented could afford. The journey was not formidable, for it was but of two days, very unequally divided, because the only house, where we could be entertained, was not further off than a third of the way. We soon came to a high hill, which we mounted by a military road, cut in traverses, so that as we went upon a higher stage, we saw the baggage following us below in a contrary direction. To make this way, the rock has been hewn to a level with labour that might have broken the perseverance of a Roman legion.

The country is totally denuded of its wood, but the stumps both of oaks and firs, which are still found, shew that it has been once a forest of large timber. I do not remember that we saw any animals, but we were told that, in the mountains, there are stags, roebucks, goats and rabbits.

We did not perceive that this tract was possessed by human beings, except that once we saw a corn field, in which a lady was walking with some gentlemen. Their house was certainly at no great distance, but so situated that we could not descry it.

Passing on through the dreariness of solitude, we found a party of soldiers from the fort, working on the road, under the superintendence of a serjeant. We told them how kindly we had been treated at the garrison, and as we were enjoying the benefit of their labours, begged leave to shew our gratitude by a small present.



## ANOGH

Early in the afternoon we came to Anoch, a village in Glenmollison of three huts, one of which is distinguished by a chimney. Here we were to dine and lodge, and were conducted through the first room, that had the chimney, into another lighted by a small glass window. The landlord attended us with great civility, and told us what he could give us to eat and drink. I found some books on a shelf, among which were a volume or more of Prideaux's Connection.

This I mentioned as something unexpected, and perceived that I did not please him. I praised the propriety of his language, and was answered that I need not wonder, for he had learned it by grammar.

By subsequent opportunities of observation, I found that my host's diction had nothing peculiar.

Those Highlanders that can speak English, commonly speak it well, with few of the words, and little of the tone by which a Scotchman is distinguished. Their language seems to have been learned in the army or the navy, or by some communication with those who could give them good examples of accent and pronunciation. By their Lowland neighbours they would not willingly be taught; for they have long considered them as a mean and degenerate race. These prejudices are wearing fast away; but so much of them still remains, that when I asked a very learned minister in the islands, which they considered as their most savage clans: 'Those,' said he, 'that live next the Lowlands.'

As we came hither early in the day, we had time sufficient to survey the place. The house was built like other huts of loose stones, but the part in which we dined and slept was lined with turf and wattled with twigs, which kept the earth from falling. Near it was a garden of turnips and a field of potatoes. It stands in a glen, or valley, pleasantly watered by a winding river. But this country, however it may delight the gazer or amuse the naturalist, is of no great advantage to its owners. Our landlord told us of a gentleman, who possesses lands, eighteen Scotch miles in length, and three in breadth; a space containing at least a hundred square English miles. He has raised his rents, to the danger of depopulating his farms, and he fells his timber, and by exerting every art of augmentation, has obtained an yearly revenue of four hundred pounds, which for a hundred square miles is three halfpence an acre.

Some time after dinner we were surprised by the entrance of a young woman, not inelegant either in mien or dress, who asked us whether we would have tea. We found that she was the daughter of our host, and desired her to make it. Her conversation, like her appearance, was gentle and pleasing.

We knew that the girls of the Highlands are all gentlewomen, and treated her with great respect, which she received as customary and due, and was neither elated by it, nor confused, but repaid my civilities without embarrassment, and told me how much I honoured her country by coming to survey it.

She had been at Inverness to gain the common female qualifications, and had, like her father, the English pronunciation. I presented her with a book, which I happened to have about me, and should not be pleased to think that she forgets me.

In the evening the soldiers, whom we had passed on the road, came to spend at our inn the little money that we had given them. They had the true military impatience of coin in their pockets, and had marched at least six miles to find the first place where liquor could be bought. Having never been before in a place so wild and unfrequented, I was glad of their arrival, because I knew that we had made them friends, and to gain still more of their good will, we went to them, where they were carousing in the barn, and added something to our former gift. All that we gave was not much, but it detained them in the barn, either merry or quarrelling, the whole night, and in the morning they went back to their work, with great indignation at the bad qualities of whisky.

We had gained so much the favour of our host, that, when we left his house in the morning, he walked by us a great way, and entertained us with conversation both on his own condition, and that of the country. His life seemed to be merely pastoral, except that he differed from some of the

ancient Nomades in having a settled dwelling. His wealth consists of one hundred sheep, as many goats, twelve milk-cows, and twenty-eight beeves ready for the drover.

From him we first heard of the general dissatisfaction, which is now driving the Highlanders into the other hemisphere; and when I asked him whether they would stay at home, if they were well treated, he answered with indignation, that no man willingly left his native country. Of the farm, which he himself occupied, the rent had, in twenty-five years, been advanced from five to twenty pounds, which he found himself so little able to pay, that he would be glad to try his fortune in some other place. Yet he owned the reasonableness of raising the Highland rents in a certain degree, and declared himself willing to pay ten pounds for the ground which he had formerly had for five.

Our host having amused us for a time, resigned us to our guides. The journey of this day was long, not that the distance was great, but that the way was difficult. We were now in the bosom of the Highlands, with full leisure to contemplate the appearance and properties of mountainous regions, such as have been, in many countries, the last shelters of national distress, and are every where the scenes of adventures, stratagems, surprises and escapes.

Mountainous countries are not passed but with difficulty, not merely from the labour of climbing; for to climb is not always necessary: but because that which is not mountain is commonly bog, through which the way must be picked with caution. Where there are hills, there is much rain, and the torrents pouring down into the intermediate spaces, seldom find so ready an outlet, as not to stagnate, till they have broken the texture of the ground.

Of the hills, which our journey offered to the view on either side, we did not take the height, nor did we see any that astonished us with their loftiness. Towards the summit of one, there was a white spot, which I should have called a naked rock, but the guides, who had better eyes, and were acquainted with the phenomena of the country, declared it to be snow. It had already lasted to the end of August, and was likely to maintain its contest with the sun, till it should be reinforced by winter.

The height of mountains philosophically considered is properly computed from the surface of the next sea; but as it affects the eye or imagination of the passenger, as it makes either a spectacle or an obstruction, it must be reckoned from the place where the rise begins to make a considerable angle with the plain. In extensive continents the land may, by gradual elevation, attain great height, without any other appearance than that of a plane gently inclined, and if a hill placed upon such raised ground be described, as having its altitude equal to the whole space above the sea, the representation will be fallacious.

These mountains may be properly enough measured from the inland base; for it is not much above the sea. As we advanced at evening towards the western coast, I did not observe the declivity to be greater than is necessary for the discharge of the inland waters.

We passed many rivers and rivulets, which commonly ran with a clear shallow stream over a hard pebbly bottom. These channels, which seem so much wider than the water that they convey would naturally require, are formed by the violence of wintry floods, produced by the accumulation of innumerable streams that fall in rainy weather from the hills, and bursting away with resistless impetuosity, make themselves a passage proportionate to their mass.

Such capricious and temporary waters cannot be expected to produce many fish. The rapidity of the wintry deluge sweeps them away, and the scantiness of the summer stream would hardly sustain them above the ground. This is the reason why in fording the northern rivers, no fishes are seen, as in England, wandering in the water.

Of the hills many may be called with Homer's Ida 'abundant in springs', but few can deserve the epithet which he bestows upon Pelion by 'waving their leaves.' They exhibit very little variety; being almost wholly covered with dark heath, and even that seems to be checked in its growth. What is not heath is nakedness, a little diversified by now and then a stream rushing down the steep. An eye accustomed to flowery pastures and waving harvests is astonished and repelled by this wide extent of hopeless sterility. The appearance is that of matter incapable of form or usefulness, dismissed by

nature from her care and disinherited of her favours, left in its original elemental state, or quickened only with one sullen power of useless vegetation.

It will very readily occur, that this uniformity of barrenness can afford very little amusement to the traveller; that it is easy to sit at home and conceive rocks and heath, and waterfalls; and that these journeys are useless labours, which neither impregnate the imagination, nor enlarge the understanding. It is true that of far the greater part of things, we must content ourselves with such knowledge as description may exhibit, or analogy supply; but it is true likewise, that these ideas are always incomplete, and that at least, till we have compared them with realities, we do not know them to be just. As we see more, we become possessed of more certainties, and consequently gain more principles of reasoning, and found a wider basis of analogy.

Regions mountainous and wild, thinly inhabited, and little cultivated, make a great part of the earth, and he that has never seen them, must live unacquainted with much of the face of nature, and with one of the great scenes of human existence.

As the day advanced towards noon, we entered a narrow valley not very flowery, but sufficiently verdant. Our guides told us, that the horses could not travel all day without rest or meat, and intreated us to stop here, because no grass would be found in any other place. The request was reasonable and the argument cogent. We therefore willingly dismounted and diverted ourselves as the place gave us opportunity.

I sat down on a bank, such as a writer of Romance might have delighted to feign. I had indeed no trees to whisper over my head, but a clear rivulet streamed at my feet. The day was calm, the air soft, and all was rudeness, silence, and solitude. Before me, and on either side, were high hills, which by hindering the eye from ranging, forced the mind to find entertainment for itself. Whether I spent the hour well I know not; for here I first conceived the thought of this narration.

We were in this place at ease and by choice, and had no evils to suffer or to fear; yet the imaginations excited by the view of an unknown and untravelled wilderness are not such as arise in the artificial solitude of parks and gardens, a flattering notion of self-sufficiency, a placid indulgence of voluntary delusions, a secure expansion of the fancy, or a cool concentration of the mental powers.

The phantoms which haunt a desert are want, and misery, and danger; the evils of dereliction rush upon the thoughts; man is made unwillingly acquainted with his own weakness, and meditation shows him only how little he can sustain, and how little he can perform. There were no traces of inhabitants, except perhaps a rude pile of clods called a summer hut, in which a herdsman had rested in the favourable seasons. Whoever had been in the place where I then sat, unprovided with provisions and ignorant of the country, might, at least before the roads were made, have wandered among the rocks, till he had perished with hardship, before he could have found either food or shelter. Yet what are these hillocks to the ridges of Taurus, or these spots of wildness to the deserts of America?

It was not long before we were invited to mount, and continued our journey along the side of a lough, kept full by many streams, which with more or less rapidity and noise, crossed the road from the hills on the other hand. These currents, in their diminished state, after several dry months, afford, to one who has always lived in level countries, an unusual and delightful spectacle; but in the rainy season, such as every winter may be expected to bring, must precipitate an impetuous and tremendous flood. I suppose the way by which we went, is at that time impassable.

## GLENSHEALS

The lough at last ended in a river broad and shallow like the rest, but that it may be passed when it is deeper, there is a bridge over it. Beyond it is a valley called Glensheals, inhabited by the clan of Macrae. Here we found a village called Auknasheals, consisting of many huts, perhaps twenty, built all of dry-stone, that is, stones piled up without mortar.

We had, by the direction of the officers at Fort Augustus, taken bread for ourselves, and tobacco for those Highlanders who might show us any kindness. We were now at a place where we could obtain milk, but we must have wanted bread if we had not brought it. The people of this valley did not appear to know any English, and our guides now became doubly necessary as interpreters.

A woman, whose hut was distinguished by greater spaciousness and better architecture, brought out some pails of milk. The villagers gathered about us in considerable numbers, I believe without any evil intention, but with a very savage wildness of aspect and manner. When our meal was over, Mr. Boswell sliced the bread, and divided it amongst them, as he supposed them never to have tasted a wheaten loaf before. He then gave them little pieces of twisted tobacco, and among the children we distributed a small handful of halfpence, which they received with great eagerness. Yet I have been since told, that the people of that valley are not indigent; and when we mentioned them afterwards as needy and pitiable, a Highland lady let us know, that we might spare our commiseration; for the dame whose milk we drank had probably more than a dozen milk-cows. She seemed unwilling to take any price, but being pressed to make a demand, at last named a shilling. Honesty is not greater where elegance is less. One of the bystanders, as we were told afterwards, advised her to ask for more, but she said a shilling was enough. We gave her half a crown, and I hope got some credit for our behaviour; for the company said, if our interpreters did not flatter us, that they had not seen such a day since the old laird of Macleod passed through their country.

The Macraes, as we heard afterwards in the Hebrides, were originally an indigent and subordinate clan, and having no farms nor stock, were in great numbers servants to the Maclellans, who, in the war of Charles the First, took arms at the call of the heroic Montrose, and were, in one of his battles, almost all destroyed. The women that were left at home, being thus deprived of their husbands, like the Scythian ladies of old, married their servants, and the Macraes became a considerable race.

## THE HIGHLANDS

As we continued our journey, we were at leisure to extend our speculations, and to investigate the reason of those peculiarities by which such rugged regions as these before us are generally distinguished.

Mountainous countries commonly contain the original, at least the oldest race of inhabitants, for they are not easily conquered, because they must be entered by narrow ways, exposed to every power of mischief from those that occupy the heights; and every new ridge is a new fortress, where the defendants have again the same advantages. If the assailants either force the strait, or storm the summit, they gain only so much ground; their enemies are fled to take possession of the next rock, and the pursuers stand at gaze, knowing neither where the ways of escape wind among the steeps, nor where the bog has firmness to sustain them: besides that, mountaineers have an agility in climbing and descending distinct from strength or courage, and attainable only by use.

If the war be not soon concluded, the invaders are dislodged by hunger; for in those anxious and toilsome marches, provisions cannot easily be carried, and are never to be found. The wealth of mountains is cattle, which, while the men stand in the passes, the women drive away. Such lands at last cannot repay the expence of conquest, and therefore perhaps have not been so often invaded by the mere ambition of dominion; as by resentment of robberies and insults, or the desire of enjoying in security the more fruitful provinces.

As mountains are long before they are conquered, they are likewise long before they are civilized. Men are softened by intercourse mutually profitable, and instructed by comparing their own notions with those of others. Thus Cæsar found the maritime parts of Britain made less barbarous by their commerce with the Gauls. Into a barren and rough tract no stranger is brought either by the hope of gain or of pleasure. The inhabitants having neither commodities for sale, nor money for purchase, seldom visit more polished places, or if they do visit them, seldom return.

It sometimes happens that by conquest, intermixture, or gradual refinement, the cultivated parts of a country change their language. The mountaineers then become a distinct nation, cut off by dissimilitude of speech from conversation with their neighbours. Thus in Biscay, the original Cantabrian, and in Dalecarlia, the old Swedish still subsists. Thus Wales and the Highlands speak the tongue of the first inhabitants of Britain, while the other parts have received first the Saxon, and in some degree afterwards the French, and then formed a third language between them.

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