

A collage of food and a woman in an apron. The woman is on the left, wearing a yellow sweater and a blue denim apron. The background is a kitchen with a bookshelf. The collage includes a bowl of salad, a bowl of nuts, a plate of cheese, a plate of toast with olives, and a bowl of rice with vegetables.

Let's Eat!

Elly Pear's
Home Fridge Deli

Elly Curshen

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Let's Eat: Elly Pear's
Home Fridge Deli

Аннотация

Do you ever wish you had a deli in your own home? In this exclusive e-short, Sunday Times bestselling author Elly Pear shows how you can have loads of delicious food ready and waiting, fabulous packed lunches zipped up in minutes, and weeknight dinners ready on the table in less time than it takes for a pizza to arrive. In Elly Pear's Let's Eat!, Elly proves that with a little organisation and some batch cooking know-how, you can create simple, delicious food to fit your lifestyle. Elly provides 11 recipes to give you a flavour of her upcoming second book – from simple salads to homemade tortilla chips and a delicious freezable stew, get a taste of how a well-stocked fridge and some pre-planning can transform the way you eat.

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All recipes are based on fan-assisted oven temperatures. If you are using a conventional oven, raise the temperature 20°C higher than stated in recipes.

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