

Alexandr Belkin



# HOW TO QUIT SMOKING

Alexandr Belkin

**How to quit smoking**

«Издательские решения»

**Belkin A.**

How to quit smoking / A. Belkin — «Издательские решения»,

ISBN 978-5-00-506775-3

Hello! My name is Alexander. My smoker experience is 12 years! I started smoking at 16 (for company) I thought I would give up when I want! Years passed, and I didn't even think about quitting! But now I don't smoke, yet I managed to drive into my head that I don't need to smoke cigarettes!

ISBN 978-5-00-506775-3

© Belkin A.

© Издательские решения

# How to quit smoking

**Alexandr Belkin**

© Alexandr Belkin, 2020

ISBN 978-5-0050-6775-3

Created with Ridero smart publishing system

How I quit smoking!



Perhaps you will be upset to see such a small text!

I am writing a text to the public for the first time! So do not judge strictly, everything is only in the case

In general, if you bought a book for 15 rubles (the rest does not go to me), then you need help!

So, I tried to quit smoking many times, but constantly broke down, because such a temptation, fragrant smoke attracted me (now it's just a stink)

## **Конец ознакомительного фрагмента.**

Текст предоставлен ООО «ЛитРес».

Прочитайте эту книгу целиком, [купив полную легальную версию](#) на ЛитРес.

Безопасно оплатить книгу можно банковской картой Visa, MasterCard, Maestro, со счета мобильного телефона, с платежного терминала, в салоне МТС или Связной, через PayPal, WebMoney, Яндекс.Деньги, QIWI Кошелек, бонусными картами или другим удобным Вам способом.