

VALERIY ZHIGLOV

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# Stay away from AIDS

SOMETHING  
ONE SHOULD KNOW



**Valeriy Zhiglov**  
**Stay away from AIDS.**  
**Something one should know**

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**Аннотация**

AIDS is a contagious disease, currently incurable. Dozens of millions of HIV-positive are already registered worldwide, and each year this number grows. In recent years, AIDS/HIV became a major problem both for people from «risk groups», and for ordinary people. The book gives a number of important recommendations on how to suppress further expansion of this dangerous disease.

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# **Stay away from AIDS**

## **Something one should know**

### **Valeriy Zhiglov**

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# Introduction

It was around 30 years ago, when the World for the first time faced the outbreak of the most terrible virus, absolutely unknown at that time, which developed AIDS in patients, and the disease was contagious and incurable, and it was spreading far and wide fast, therefore, they called it the plague of the XX century.

«Anyone who has the least ability to look into the future can already see the potential for this disease being much worse than anything mankind has seen before», – those were the words of Dr. Ward Cates from US Centers for Disease Control.

The word AIDS is the combination of the first letters of the words from the phrase «acquired immune deficiency syndrome». It is the human immunodeficiency virus, or HIV – by the first letters of the words from this brief description, which causes the dangerous disease.

HIV extension became a major problem threatening the human civilization. Professionals in medicine believe that many developing countries now became the World leaders in the HIV-infection attack rate.

There is something that medical workers worldwide fear even more. More and more often, HIV is found in those people, who by no means might belong to so-called «risk groups». That is why one must keep in mind that HIV is no loner the problem of drug addicts, prostitutes and homosexuals, being frequently

found among people with traditional values, too.

AIDS is the final stage of the performance, and it is often the result of long years of infection process, hidden somewhere deep inside, growing up gradually into a merciless monster finally killing everyone it can reach.

Dozens of millions of HIV-positive are already registered worldwide, and the number is increasing day in, day out.

Is there something we might learn to eliminate the risk to get this dangerous and virtually incurable disease?



Biohazard symbol

# **The first appearance**

The acquired immune deficiency syndrome, or AIDS, caused by human immunodeficiency virus, or HIV, is a lethal disease. Epidemiologists believe it originates from Western Africa. The very first transfer was from green monkeys to humans living nearby, and, already from that point, it filled the entire World.



Back in 1969, the first cases were reported among prostitutes in USA, with symptoms of AIDS. In 1978, homosexuals

in USA and Sweden, as well as males in Tanzania and Haiti, demonstrated the same symptoms. But it was only in 1981, when the US Centers for Disease Control reported about the new disease spreading among homosexuals in Los-Angeles and New-York. Around 440 HIV carriers were found in USA, and half of them died soon.

Michael Gottlieb, an American scientist from the US Centers for Disease Control, in 1981, identified the new disease, which seriously affected human immune system, and it was in 1982, when the new disease was called the Acquired Immune Deficiency Syndrome (AIDS).

Luc Antoine Montagnier, a French virologist, discovered the virus nature of the new disease in 1983. It was he, who discovered an unknown retrovirus in a lymph node removed from a patient with AIDS.

In 1984, Dr. Robert Gallo, the director of the Institute of Human Virology, claimed he found the true cause of AIDS. He managed to extract the virus from the peripheral blood of humans with AIDS.

In 1987, the World Health Organization approved the name for the new virus, which caused AIDS, and the virus was called human immunodeficiency virus, or HIV. It was the same year, when the World Health Organization developed and approved the global strategy for fighting AIDS.

HIV-infection is a new degenerative disease, which destroys specifically the immune system to develop the immune

deficiency, and it is the immune deficiency, which opens the doors wide for multiple secondary infections, malignant tumors and pathological autoimmune processes.

# Конец ознакомительного фрагмента.

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